



SAN RAMON VALLEY LIVERMORE AQUATICS
Pacific Swimming Zone 2 C/B/A+ Long Course/Short Course Swim Meet
June 8-10, 2007

Enter online at: <http://swimconnection.com/pc/meet/srvl>

SPECIAL RULE: ENTER ONLY SHORT COURSE TIMES – The Clerk of Course will seed swimmer with entries which meet or exceed the “BB” time standards into the long course events (B for 8-un swimmers). Swimmers with entries which are slower than the “BB” time standards will be seeded into the short course events. Swimmers will be able to swim in both courses but there is no guarantee that swimmers will not have events conflict with one another.

SANCTION: Held under USA/Pacific Swimming Sanction Numbers: **0867A - long course** & **0867B - short course**

LOCATION: San Ramon Olympic Pool and Aquatic Park, 9900 Broadmoor Drive, San Ramon, CA 94583
Located next to California High School. From 680, take Bollinger Canyon exit, turn west on Bollinger Canyon. Turn left (south) on San Ramon Valley Blvd. and go approximately 2 miles. Turn left (east) on Montevideo Dr., go approximately 1/2 mile, turn right at stop sign onto Broadmoor Dr., go approximately 1/4 mile to pool located on left side. Parking is available **BEHIND** the school in the south parking lot, and on some neighborhood streets. **Permit parking only on Broadmoor Drive from 9871-9897 and on Weymouth Court 7 days a week. Other surrounding streets have additional parking restrictions. Parking spaces between front of pool entrance and tennis courts are for Coaches and Officials ONLY. PLEASE READ SIGNS CAREFULLY AND DO NOT PARK WHERE “NO PARKING” SIGNS OR “PERMIT PARKING ONLY” SIGNS ARE POSTED. YOU WILL RECEIVE A TICKET!!!!**

COURSE: Two Outdoor heated pools with anti-turbulent lane lines. Eight (8), 50-meter competition lanes starting at both ends if necessary, and eight (8) 25-yard competition lanes, limited warm-up area available. Electronic timing system will be used.

TIME: The competition pool will be available for warm ups on Friday, June 10 from 4:00 – 4:45 pm, and Saturday, June 11 and Sunday, June 12 from 7:30 AM to 8:45 AM, warm-ups for 8-UNDER swimmers will be from 8:45am to 8:55am. The meet will start at 5:00 p.m. on Friday, and at 9:00 am. Saturday and Sunday.

RULES: Current USA and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk of the Course. All events are timed finals. Entries will be accepted until the number of splashes exceeds the estimated time line, per the Four Hour Rule, based on swimmer's age and gender. In addition, Zone 2 requires a 3:00 p.m. meet finish. **Swimmers may compete in a maximum of four (4) events per day. All swimmers age 12 and under should complete competition in four (4) hours.** If the referee and meet director determine that the events for swimmers 12 years and younger will not be completed in the four (4) hours or less a mandatory scratch down will be in effect. Immediate refunds will be made for any mandatory scratch down. **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

RESTRICTIONS: Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas and in all areas used by the swimmers during the meet and warm-up periods. Sale and use of alcoholic beverages is prohibited in all areas of the meet venue. Glass bottles and containers of any kind are not permitted in the pool area. **Propane heaters of any kind are not permitted.**

ELIGIBILITY: Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.



Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy. Entry times for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. "NO TIME" entries will be seeded in the "C" category. "No time" entries will not be accepted in the 400 Free, 400I.M. or 800 Free.

DISTANCE: The 400 Free, 400 I.M. and 800 Free are open to qualified swimmers who have met the listed "BB" Time Standard. See "Events" below for time standards. Swimmers in the 800 Free must provide their own timers.

CHECK IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course each day at least 30 minutes prior to the estimated start of the event. Close of check-in for all events shall be no more than 30 minutes before the estimated time of the start of the first heat of the event. Swimmers who do not check-in will not be allowed to compete in the event.

SCRATCHES: Any swimmer who has checked in for an individual event and fails to swim that event will be barred from competing in the next individual event in which the swimmer is entered in this meet. The penalty will not apply if the swimmer scratches before the event is seeded, or if the Referee accepts proof that the failure was caused by illness, injury, or other circumstances beyond the control of the swimmer.

ENTRIES:

Option 1: Online Meet Entries:

Enter at: <http://swimconnection.com/pc/meet/srvl> to receive immediate confirmation of acceptance via email. The "billing information" email should be brought to the meet as proof of entry. Online entry requires payment by credit card using our secure site. The cost of using Online Meet Entries is \$1 per swimmer plus 5% of the total entry fees. Please note that the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to Swim Connection LLC. Fees collected by the use of this system are completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Pacific Swimming. Online entries will close at midnight on THURSDAY May 31st 2007 or when the number of splashes exceeds the estimated time line, per the Four Hour Rule

Option 2: Surface Mailed Entries:

1. Entries must be on the attached Consolidated Entry Form. Complete a separate form for each swimmer using the best short course yards time for each event. .
2. Mail entry forms and correct payment to the address below.

ENTRIES MUST BE COMPLETELY FILLED OUT, INCLUDING **BEST SHORT COURSE** TIME FOR EACH EVENT. Entered times must be submitted in YARDS. "No Time" entries will be accepted except for the 400 Free, 400IM, and 800 Free which require a "BB" minimum time. "No Time" entries will be seeded in the "C" category. Long course times may be converted to short course times using the formulas in the current Swim Guide. **Swimmers with an "A" time in long course must enter with minimum short course "A" time or better. Swimmers with a "BB" time in long course must enter with minimum short course "BB" time or better. Entries must be entered through the online entry system no later than midnight on THURSDAY, May 31, 2007 or mailed with postmark by midnight, TUESDAY, MAY 29, 2007 or hand delivered no later than midnight ON THURSDAY, May 31, 2007 to the address below and placed in the "SRVL Meet Entry Box". No late entries will be accepted. **NO REFUNDS** will be made except for mandatory scratch downs. No fax entries will be accepted. If you mail entries and need to confirm entry, include a self-addressed, stamped envelope or post card. No Phone calls please.**

ENTRY FEES: \$2.25 per event. \$5.00 participation fee per swimmer. **If mailing entries, make check payable to "SRVLA" and mail with paper entry form to:**

SRVLA Attention: Meet Entries

128 Minerva Way

San Ramon, CA 94583

SRVLA Email (for entry questions): rschmidt@rossmcdonald.com

AWARDS: Ribbons 1st – 8th place for A, B&C divisions. 13-18 swimmers will be awarded as 13-14 and 15-18 age groups. 10 & under events will be awarded separately as 9-10 and 8 & under. All "C" and "B" swimmers achieving an "A" time will be awarded a standard "A" medal, regardless of place achieved in the event.

HOSPITALITY: Refreshments will be provided for officials, coaches and timers. Officials & coaches ONLY will be served lunch. Snack Bar will be available.



ADMISSION: Admission is free. A three-day program will be available for a reasonable fee.

OFFICIALS: Head Referee: Millie Nygren
Head Starter: Fred Vogelgesang

Meet Director: Bob Schmidt (925) 846-8695
Head Meet Marshal: Kathy Tafazzoli

Meet Summary

	8 & UN	9 - 10	10 & UN	11 - 12	13 & UP
<u>FRIDAY:</u>			400/500 Free	400 I.M. 400/500 Free	400 I.M. 400/500 Free
<u>SATURDAY:</u>	100 Free 50 Fly 50 Breast	200 Free 50 Fly 50 Breast 100 Free	100 Back	200 Free 50 Fly 50 Breast 100 Free 50 Back 800/1000 Free	100 Fly 200 I.M. 100 Breast 100 Back 800/1000 Free
<u>SUNDAY:</u>	50 Free 50 Back	50 Free 50 Back	200 I.M. 100 Fly 100 Breast	200 Fly 50 Free 100 Fly 100 Back 200 I.M. 100 Breast	200 Free 50 Free 200 Back 100 Free 200 Fly 200 Breast

FRIDAY, JUNE 8, 2007

BB/A+ Division		AGE GROUP/EVENT		Girls BB Time	Girls A Time	Boys BB Time	Boys A Time
Girls	Boys						
Event #	Event #						
101	102	10-UN 400 / 500 Free*	NO "B/C" DIVISION	7:39.49	6:48.39	7:35.19	6:44.59
103	104	11-12 400 I.M.		6:06.19	5:38.09	5:59.59	5:31.99
105	106	13-14 400 I.M.		5:46.19	5:19.59	5:27.59	5:02.39
		15-16		5:40.29	5:14.09	5:13.19	4:49.09
		17-18		5:38.29	5:12.29	5:06.69	4:43.09
107	108	11-12 400 / 500 Free*		6:40.09	6:09.29	6:35.09	6:04.69
109	110	13-14 400 / 500 Free*		6:22.39	5:52.99	6:07.69	5:39.39
		15-16		6:17.39	5:48.39	5:52.29	5:25.29
		17-18		6:14.99	5:46.19	5:44.19	5:17.69

- 400 Free swimmers must have met at least the "BB" Time Standard of a short course 500 Free.

ALL ENTRY TIMES & TIME STANDARDS ARE SHORT COURSE EQUIVALENT



SATURDAY, JUNE 9, 2007

B/A+ Division		AGE GROUP/ EVENT	C Division		Girls BB Time	Girls A Time	Boys BB Time	Boys A Time
Girls Event #	Boys Event #		Girls Event #	Boys Event #				
111	112	11-12 200 FREE	11	12	2:31.79	2:20.19	2:27.99	2:16.59
113	114	9-10 200 FREE	13	14	2:58.29	2:36.39	2:50.89	2:31.89
115	116	8-UN 100 FREE**	15	16	1:54.59	1:35.29	1:51.59	1:28.99
117	118	13-14 100 FLY	17	18	1:13.79	1:08.09	1:08.69	1:03.39
		15-16			1:12.39	1:06.89	1:05.59	1:00.49
		17-18			1:11.49	1:05.99	1:04.09	59.09
119	120	11-12 50 FLY	19	20	35.39	32.69	35.49	32.39
121	122	9-10 50 FLY	21	22	42.99	37.29	41.99	36.69
123	124	8-UN 50 FLY**	23	24	59.99	52.59	59.99	52.09
125	126	13-14 200 IM	25	26	2:43.89	2:31.29	2:33.69	2:21.89
		15-16			2:40.69	2:28.39	2:26.99	2:15.69
		17-18			2:39.19	2:26.99	2:23.59	2:12.49
127	128	11-12 50 BREAST	27	28	41.09	37.99	41.09	37.59
129	130	9-10 50 BREAST	29	30	47.79	41.99	48.19	42.49
131	132	8-UN 50 BREAST**	31	32	1:04.99	55.29	1:04.99	54.79
133	134	13-14 100 BREAST	33	34	1:24.49	1:17.99	1:18.39	1:12.29
		15-16			1:22.69	1:16.39	1:14.99	1:09.19
		17-18			1:22.69	1:16.39	1:13.19	1:07.59
135	136	11-12 100 FREE	35	36	1:08.29	1:03.09	1:08.09	1:02.89
137	138	10-UN 100 BACK	37	38	1:33.99	1:22.19	1:32.49	1:21.69
139	140	11-12 50 BACK	39	40	37.09	34.29	36.79	33.69
141	142	13-14 100 BACK	41	42	1:14.39	1:08.69	1:10.29	1:04.89
		15-16			1:13.29	1:07.69	1:06.39	1:01.29
		17-18			1:12.59	1:06.99	1:04.99	59.99
143	144	9-10 100 FREE	43	44	1:22.09	1:12.29	1:19.99	1:10.79
145	146	11-12 800 / 1000 FREE*	NO "B/C" DIVISION		13:57.39	12:52.99	13:52.99	12:48.89
		13-14			13:08.29	12:07.59	12:39.99	11:41.49
		15-16*			12:55.49	11:55.89	12:08.19	11:12.19
		17-18*			12:53.09	11:53.59	11:59.19	11:03.89

*800 Free swimmers must have met at least the "BB" Time Standard of a short course 1000 Free and provide their own timers.

** 8-UN B time/A time

ALL ENTRY TIMES & TIME STANDARDS ARE SHORT COURSE EQUIVALENT



SUNDAY, JUNE 10, 2007

B/A+ Division		AGE GROUP/ EVENT	C Division		Girls BB Time	Girls A Time	Boys BB Time	Boys A Time
Girls Event #	Boys Event #		Girls Event #	Boys Event #				
147	148	13-14 200 Free	47	48	2:25.39	2:14.19	2:16.29	2:05.79
		15-16			2:22.39	2:11.49	2:10.89	2:00.79
		17-18			2:21.49	2:10.59	2:08.19	1:58.29
149	150	11-12 200 Fly	49	50	2:52.99	2:39.69	2:51.49	2:38.29
151	152	10-UN 200 IM	51	52	3:19.39	2:55.99	3:18.09	2:55.29
153	154	8-UN 50 FREE**	53	54	51.99	42.99	51.99	40.89
155	156	13-14 50 FREE	55	56	30.99	28.69	28.79	26.59
		15-16			30.49	28.19	27.49	25.39
		17-18			30.49	28.19	26.89	24.89
157	158	11-12 50 FREE	57	58	32.19	29.79	30.99	28.59
159	160	9-10 50 FREE	59	60	36.19	32.39	35.59	31.89
161	162	13-14 200 BACK	61	62	2:39.59	2:27.29	2:31.09	2:19.49
		15-16			2:37.99	2:25.89	2:23.69	2:12.69
		17-18			2:35.89	2:23.89	2:19.89	2:09.09
163	164	11-12 100 FLY	63	64	1:20.59	1:13.59	1:19.29	1:12.19
165	166	10-UN 100 FLY	65	66	1:42.09	1:26.69	1:40.59	1:25.69
167	168	8-UN 50 BACK**	67	68	59.99	51.59	59.99	50.49
169	170	13-14 100 FREE	69	70	1:07.39	1:02.19	1:02.89	57.99
		15-16			1:06.19	1:01.09	59.99	55.39
		17-18			1:05.79	1:00.79	58.89	54.29
171	172	11-12 100 BACK	71	72	1:21.89	1:14.89	1:19.09	1:12.29
173	174	9-10 50 BACK	73	74	43.49	38.19	43.89	38.39
175	176	13-14 200 FLY	75	76	2:40.99	2:28.59	2:32.59	2:20.79
		15-16			2:38.79	2:26.59	2:25.59	2:14.39
		17-18			2:36.19	2:24.19	2:20.39	2:09.59
177	178	11-12 200 IM	77	78	2:51.79	2:38.59	2:49.69	2:35.89
179	180	10-UN 100 BREAST	79	80	1:46.69	1:33.39	1:44.79	1:32.69
181	182	13-14 200 BREAST	81	82	3:01.99	2:47.99	2:49.39	2:36.29
		15-16			2:58.39	2:44.69	2:42.59	2:30.09
		17-18			2:58.59	2:44.79	2:39.89	2:27.59
183	184	11-12 100 BREAST	83	84	1:29.29	1:22.19	1:28.39	1:21.09

** 8-UN B time/A time

ALL ENTRY TIMES & TIME STANDARDS ARE SHORT COURSE EQUIVALENTS



Marriott welcomes the San Ramon Valley Livermore Aquatics Dual Course Meet

Discounted rooms available June 8 & 9 at the
Courtyard by Marriott – San Ramon



COURTYARD SAN RAMON
18090 San Ramon Valley Blvd.
San Ramon, CA 94583

RESERVATIONS:

Call Marriott reservations at
1-800-321-2211 or the Hotel directly
at 925-866-2900
\$79.00 1 King or 2 Queens

The Hotel offers:

- Clean and spacious rooms with 1 King or 2 Queen Beds
 - Great breakfast options
 - Discounted group rates
- Locations within minutes of the San Ramon Olympic Pool and Aquatic Center
 - Marriott Rewards program
 - Please book by May 18th to receive the Group Discount

For more information contact Danny Williams
Phone: (925) 218-8936 Email: danny.r.williams@marriott.com



San Ramon Valley
Livermore Aquatics

