



**REVISED 2/15/08**  
**Oakland Barracuda Aquatics (CUDA)**  
**Spring Splash Short Course C/B/A+ Swim Meet**  
**Saturday and Sunday March 29-30, 2008**  
**USA/Pacific Swimming Sanction #0378**



**Location:** Mills College Swimming pool (Trefethen Aquatic Center), 5000 MacArthur Blvd, Oakland, CA.

**Directions:** From I-580 east towards Hayward/Stockton, take MacArthur Blvd exit. Merge onto MacArthur Blvd. Go 0.3 miles, turn left into Mills College. From I-580 west towards Oakland, take exit towards MacArthur Blvd/High St. Turn left onto Buell St. Turn left on MacArthur Blvd. Left into Mills College.

**Parking:** There is limited parking along the streets adjacent to the pool. Please follow the directions of the gate attendant for parking directions when you enter the college campus.

**Course:** Outdoor heated pool, 25 yards with up to 8 competition lanes. A separate warm-up pool will be available throughout the duration of the meet.

**Time:** Meet begins at 9 AM each day.  
General warm-up: 7:30-8:45 AM  
8 & Under only warm-up: 8:45-8:55 AM

**Rules:** Current USA and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk of Course. All events are timed finals. Swimmers may compete in a maximum of four (4) individual events per day. All swimmers 12 and under should complete competition within four (4) hours. **Due to the four hour rule time constraint, swimmers 12 and under should not enter the first and last event of each day for their age group.** Entries will be accepted until the number of splashes exceeds the estimated timeline per the four- hour rule, based on swimmer's age and gender. If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch-down. A refund will be issued in the event of a mandatory scratch-down. All swimmers in the 500 yards must provide their own timers and lap counters. **All coaches and deck officials must wear their USA Swimming Membership cards in plain view.**

**Restrictions:** Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas and in all areas used by the swimmers, during the meet and warm-up periods. Sale and use of alcoholic beverages is prohibited in ALL areas of the meet venue. Outside barbecue pits are not permitted. No glass containers or propane heaters allowed on deck.

**Eligibility:** Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular fees). Duplicate registrations will be refunded by mail. Meet is open to all qualified swimmers. Swimmers in the "C" division must not have met the "B" time standards. Swimmers in the "B" division must not have met the "A" time standards. Swimmers in the "A" division must have met the "A" time standards. Swimmers over the age of 18 may participate in the 13-18 age group, but will not be eligible for awards; such swimmers must have met the time standards for the 17-18 age group. Entry times submitted for this meet will be checked against a computer database and may be challenged in accordance with Pacific Swimming Entry Time Verification Procedures. Disabled swimmers are welcome to attend the meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.

**Check-In:** The meet will be deck seeded. Swimmers must check in at the Clerk of Course. Close of check-in for all events shall be no more than 30 minutes before the estimated time of the start of the first heat of the event. Swimmers who do not check-in will not be allowed to compete in the event.

**Scratches:** Any swimmer who has checked in for an individual event and fails to swim that event will be barred from competing in the next individual event, in which the swimmer is entered. The penalty will not apply if the swimmer scratches before the event is seeded or if the Referee accepts proof that the failure was caused by illness, injury, or other circumstances beyond the control of the swimmer.

**Officials:** Head Referee: Mike Metcalf  
Head Starter: Joe Woo  
Meet Director: Claire Donaldson (510) 967.7684 cgdonald@pacbell.net  
Head Meet Marshall: Jennifer Rose jennytrose@yahoo.com

**Entries:** Two options are available for meet entry.

Option 1: Online Meet Entries (**Deadline: Midnight, Friday, March 21, 2008**)

Go to <http://swimconnection.com/pc/meet/cuda> for online entry. Online entry requires payment by credit card using the swimconnection secure site. The cost of using the online Meet Entries is \$1 per swimmer plus 5% of the total entry fees. Please note that the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to Swim Connection LLC. Use of the system is completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Pacific Swimming. Online entries must be confirmed by March 21, 2008, or until a meet session is closed due to a timeline in excess of the "four hour rule". No late entries will be accepted.

Option 2: Mailed entries must be completely filled out including the best short course time for each event. Entered times must be submitted in yards. Time conversions from long course meters will no longer be accepted. Pacific's Rules and Regulations specify that when you have achieved a specific class level ( or example, "B" or "A") in an event in one course, you are considered to be qualified at that same level in all courses. Accordingly, you must always enter a time which maintains the class for which you've qualified in an event. Mailed entries must be postmarked by March 17th.

**Mail entries to:** **Oakland Barracudas**  
**4200 Park BLVD**  
**Oakland, CA 94602**  
**care of John Schonder.**

**Entry Fees:** \$2.25 per event plus \$5.00 participation fee per swimmer to help cover meet expenses. Make check payable to **Oakland Barracudas.**

**Awards:** Awards will be given for 1<sup>st</sup> through 8<sup>th</sup> places in each age group for each level C / B / A+. Swimmers age 13-18 will be awarded in three separate age groups: 13-14, 15-16, and 17-18. All "C" and "B" swimmers achieving a new "A" time will be awarded a standard "A" medal, regardless of place achieved in the event. **Awards must be picked up before the end of the meet. They will not be mailed.**

**Admission:** Free. A two-day program will be available for \$4.00. Also, a snack bar will be available.

**Hospitality:** Will be available for officials, coaches, and timers.

**Meet Events:**

Saturday	<u>8&amp; under</u>	<u>9-10</u>	<u>11-12</u>	<u>13-18</u>
	100 IM	100 IM	100 IM	400 IM
	50 Fly	100 Fly	200 Breast	100 Fly
	25 Back	50 Back	100 Back	200 Back
	50 Breast	100 Breast	100 Breast	200 Breast
	25 Free	200 Free	200 Free	200 Free
Sunday	<u>8&amp; Under</u>	<u>9-10</u>	<u>11-12</u>	<u>13-18</u>
	50 Back	100 Back	50 Fly	200 Fly
	100 Free	100 Free	100 Free	100 Free
	25 Breast	50 Breast	200 Back	100 Breast
	50 Free	50 Free	400 IM	50 Free
	25 Fly	200 IM	50 Free	500 Free

Saturday March 29, 2008							
Girls		Event Number	Age Group	Event	Event Number	Boys	
B Time	A Time					B Time	A Time
			13-18	400 IM			
6:12.89	5:19.59	1	13-14		2	5:52.79	5:02.39
6:06.49	5:14.09	1	15-16		2	5:37.29	4:49.09
6:04.39	5:12.29	1	17-18		2	5:30.29	4:43.09
1:26.49	1:14.09	3	11-12	100 IM	4	1:24.39	1:12.19
1:45.69	1:23.19	5	9-10	100 IM	6	1:41.59	1:21.29
2:09.99	1:49.29	7	8 & Under	100 IM	8	2:09.99	1:45.09
			13-18	100 Fly			
1:19.39	1:08.09	9	13-14		10	1:13.99	1:03.39
1:17.99	1:06.89	9	15-16		10	1:10.59	1:00.49
1:16.99	1:05.99	9	17-18		10	1:08.99	59.09
3:27.29	2:57.69	11	11-12	200 Breast	12	3:21.79	2:52.99
1:57.49	1:26.69	13	9-10	100 Fly	14	1:55.39	1:25.69
59.99	52.59	15	8 & Under	50 Fly	16	59.99	52.09
			13-18	200 Back			
2:51.79	2:27.29	17	13-14		18	2:42.79	2:19.49
2:50.19	2:25.89	17	15-16		18	2:34.79	2:12.69
2:47.89	2:23.89	17	17-18		18	2:30.59	2:09.09
1:28.89	1:14.89	19	11-12	100 Back	20	1:25.79	1:12.29
48.89	38.19	21	9-10	50 Back	22	49.29	38.39
27.99	23.19	23	8 & Under	25 Back	24	27.99	22.69
			13-18	200 Breast			
3:15.99	2:47.99	25	13-14		26	3:02.39	2:36.29
3:12.09	2:44.69	25	15-16		26	2:55.09	2:30.09
3:12.29	2:44.79	25	17-18		26	2:52.19	2:27.59
1:36.39	1:22.19	27	11-12	100 Breast	28	1:35.69	1:21.09
1:59.99	1:33.39	29	9-10	100 Breast	30	1:56.79	1:32.69
1:04.99	55.29	31	8 & Under	50 Breast	32	1:04.99	54.79
			13-18	200 Free			
2:36.59	2:14.19	33	13-14		34	2:26.79	2:05.79
2:33.39	2:11.49	33	15-16		34	2:20.89	2:00.79
2:32.29	2:10.59	33	17-18		34	2:17.99	1:58.29
2:43.49	2:20.19	35	11-12	200 Free	36	2:39.39	2:16.59
3:20.19	2:36.39	37	9-10	200 Free	38	3:09.89	2:31.89
23.49	19.49	39	8 & Under	25 Free	40	23.49	18.39

Sunday March 30, 2008							
Girls		Event Number	Age Group	Event	Event Number	Boys	
B Time	A Time					B Time	A Time
2:53.39	2:28.59	41	13 - 18	200 Fly	42	2:44.29	2:20.79
2:50.99	2:26.59	41	13- 14			2:36.79	2:14.39
2:48.19	2:24.19	41	15 -16			2:31.19	2:09.59
38.09	32.69	43	17 -18	50 Fly	44	38.59	32.39
1:45.69	1:22.19	45	11 – 12	100 Back	46	1:43.29	1:21.69
59.99	51.59	47	9 – 10	50 Back	48	59.99	50.49
1:12.59	1:02.19	49	8 & Under	100 Free	50	1:07.69	57.99
1:11.29	1:01.09	49	13 - 18			1:04.59	55:39
1:10.89	1:00.79	49	13- 14			1:03.39	54.29
1:13.59	1:03.09	51	15 -16	100 Free	52	1:13.29	1:02.89
1:31.89	1:12.29	53	17 -18	100 Free	54	1:29.19	1:10.79
1:54.59	1:35.29	55	9 – 10	100 Free	56	1:51.59	1:28.99
1:30.99	1:17.99	57	8 & Under	100 Breast	58	1:24.39	1:12.29
1:29.09	1:16.39	57	13 - 18			1:20.69	1:09.19
1:29.09	1:16.39	57	13- 14			1:18.79	1:07.59
3:03.29	2:37.09	59	15 -16	200 Back	60	2:59.39	2:33.79
53.59	41.99	61	17 -18	50 Breast	62	53.89	42.49
29.99	24.79	63	9 – 10	25 Breast	64	29.99	24.29
33.39	28.69	65	8 & Under	50 Free	66	31.09	26.59
32.89	28.19	65	13 - 18			29.59	25.39
32.79	28.19	65	13- 14			28.99	24.89
6:34.39	5:38.09	67	15 -16	400 IM	68	6:27.29	5:31.99
40.09	32.39	69	17 -18	50 Free	70	39.19	31.89
51.99	42.99	71	9 – 10	50 Free	72	51.99	40.89
34.59	29.79	73	8 & Under	50 Free	74	33.39	28.59
3:42.69	2:55.99	75	11 – 12	200 IM	76	3:40.89	2:55.29
26.99	21.59	77	9 – 10	25 Fly	78	26.99	20.49
6:51.79	5:52.99	79	8 & Under	500 Free	80	6:35.99	5:39.39
6:46.39	5:48.39	79	13 - 18			6:19.39	5:25.29
6:43.89	5:46.19	79	13- 14			6:10.59	5:17.69



