



## PALO ALTO STANFORD AQUATICS Junior+ Walk-On Meet Sunday, May 18, 2008

**Sanction:** Held under USA/Pacific Sanction Number: 0638

**Location:** Avery Aquatics Center, Stanford University. From 101 take Embarcadero Road west to Stanford University. Once you cross El Camino Real, Embarcadero becomes Galvez. Take your first left turn and park between the football stadium and the baseball stadium.

**Course:** Up to eight lanes, 25 yard pool. Warm-up and warm-down lanes will be available throughout the meet in adjoining pool. Electronic timing, with pads, will be provided. Stadium seating will be available for spectators.

**Time:** Check in starting at 7:30 AM. Pool open for warm-ups from 7:45-8:45 AM. Meet will begin at 9:00 AM. **Meet must end by 12:30 PM.** We will run through the order of events twice (except for the 1000/1650 free), time permitting.

**Rules:** Current USA & Pacific Swimming rules will govern the meet. Pacific warm-up procedures will be in effect. A copy of these rules will be posted at the Clerk-of-Course. All events are timed finals. Swimmers who have provable times in one or more events may enter two additional bonus events during the meet. Swimmers may compete in five individual events plus relays. Heats may be combined during the meet. All coaches and deck officials must wear their USA swimming membership card in a visible manner.

**Restrictions:** No glass containers are allowed on the pool deck or in the locker room areas. Smoking and the use of other tobacco products is prohibited in all areas of the meet venue. The sale & use of alcoholic beverages is prohibited in all areas of the meet venue. Only swimmers, coaches, officials and volunteers will be allowed on the pool deck.

**Eligibility:** Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database, and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

The meet is limited to those swimmers who have met the 2008 Junior time standards. This Walk-on meet is a post high school shave and taper meet, therefore the meet is restricted to swimmers who are ninth grade and above. College swimmers are eligible to enter this meet. USA Swimming Registration Card and Student body card will be checked.

**Entries/Check in:** The meet will be deck seeded. Swimmers can deck enter the meet. Walk on entries will be done on blue and pink entry cards, which will be provided. All bonus entries must use real times and must be circled on the entry card. Entry fees are \$4.50 per individual event, \$12.00 per relay, plus a participation fee of \$5.00 per swimmers will be required to help cover expenses. Make checks payable to PASC.

Online entries will be available until midnight on Saturday, May 17, 2008. Online entries will be restricted to swimmers ages 13 and older (swimmers entering online will be required to show student ID cards at the meet.) Swimmers who enter online who are 8<sup>th</sup> grade or below will be removed from the meet-no refunds will be given. Enter the meet online to save time on the morning of May 18, 2008.

Enter this meet online at: <http://www.swimconnection.com/pc/meet/pasawalkon>

**Awards:** None

**Hospitality:** There will be no snack bar. Hospitality will be provided for all working officials.

**Officials:** Head Referee: Harrison Race  
Starter: Joyce Lanphere  
Head Marshal: Tony Batis  
Meet Director: Ricky Silva [rickypasc@yahoo.com](mailto:rickypasc@yahoo.com) (650) 393-9634 cell

## Sunday, May 18, 2008 Short Course Yards

	Women	Event	Men	
1	1:03.79	100 free	59.49	2
3	3:02.59	200 breast	2:52.49	4
5	2:37.99	200 back	2:36.49	6
7	2:42.39	200 fly	2:34.59	8
9	NT	200 Med Relay	NT	10
11	2:18.49	200 free	2:09.99	12
13	5:35.99	400 IM	5:24.79	14
15	NT	400 Free Relay	NT	16
17	1:13.99	100 back	1:11.69	18
19	6:01.79	500 free	5:49.49	20
21	1:23.39	100 breast	1:18.39	22
23	1:12.39	100 fly	1:07.79	24
25	NT	200 Free Relay	NT	26
27	2:37.99	200 IM	2:29.59	28
29	29.49	50 free	27.59	30
31	NT	400 Med Relay	NT	32
33*	20:47.89 (12:19.49)	1650 free (1000 free)	19:40.79 (11:30.99)	34*

**\*Note-Initial split for the 1000 free will be offered within the 1650 free**

	Women	Event	Men	
101	1:03.79	100 free	59.49	102
103	3:02.59	200 breast	2:52.49	104
105	2:37.99	200 back	2:36.49	106
107	2:42.39	200 fly	2:34.59	108
109	NT	200 Med Relay	NT	110
111	2:18.49	200 free	2:09.99	112
113	5:35.99	400 IM	5:24.79	114
115	NT	400 Free Relay	NT	116
117	1:13.99	100 back	1:11.69	118
119	6:01.79	500 free	5:49.49	120
121	1:23.39	100 breast	1:18.39	122
123	1:12.39	100 fly	1:07.79	124
125	NT	200 Free Relay	NT	126
127	2:37.99	200 IM	2:29.59	128
129	29.49	50 free	27.59	130
131	NT	400 Med Relay	NT	132