



PLS-HOX-DCC-RHSM-WCAB Club Series Meet #2
Hosted by the Pleasanton Seahawks
Friday, November 7 & Saturday, November 8, 2008



This meet will be approved by Pacific Swimming, and times from this meet may be used to enter future USA Swimming Meets.

LOCATION: Dolores Bengtson Aquatic Center, 4455 Black Ave. Pleasanton. **From I-580** take Santa Rita exit south about two miles to Black Ave. Turn right on Black Ave. **From I-680** take Bernal exit east to Valley Ave, go left on Valley Ave about two miles to Santa Rita Rd., turn right on Santa Rita about ½ mile to Black Ave, turn right on Black Ave.

PARKING: Carpooling is suggested. Limited general parking is available in the lot in front of the pool. Limited parking is available on adjacent streets. Additional parking will be available at the Alisal Elementary School and the Amador High School parking lots on Santa Rita Road.
PARKING AT THE CHURCH, PAC BELL, AND POST OFFICE PARKING LOTS ACROSS THE STREET, OR IN ANY LOT POSTED AS NO UNAUTHORIZED PARKING WILL RESULT IN CITATIONS AND POSSIBLE TOWING.

COURSE: Outdoor, heated pool – 50 meters by 25 yards; 8 lanes available for competition; separate warm up lanes. Locker rooms with showers are available.

TIME: Friday, November 7th: warm-up at 4:30 p.m., competition begins at 5:30 p.m. Saturday, November 8th: warm-up at 7:45 a.m., competition begins at 9:00 a.m.

RULES: Current U.S.A. and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the venue. All events are timed finals. Swimmers may compete in four individual events per day. All coaches and deck officials must wear their USA Swimming (USA-S) membership cards in a visible manner. The meet will be pre-seeded, except for events 49 and 50, the 500 Freestyle. Check-in for these events will close at the start of event 35. **'No Time' entries (NT) will be accepted. See special rules on the next page.**

RESTRICTIONS: Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas and in all areas used by swimmers during the meet and during warm-up periods. Sale and use of alcoholic beverages is prohibited in all areas of the meet venue. No propane containers, other than provided for the snack bar will be allowed in all areas of the meet venue. No glass containers allowed on deck. No pets or animals allowed in venue except for guide dogs. Except for coaches' seating next to the pool no chairs, canopies, tents, or "camping" in the competition pool area. All swimmer and spectator chairs, canopies, tents, or other set-ups must be outside the competition pool gates and on the lawn only.

ELIGIBILITY: Meet is open to all qualified swimmers from **Blackhawk Swim Team (HOX), Diablo Country Club (DCC), Round Hill Sea Monkeys (RHSM), Pleasanton Seahawks (PLS), Walnut Creek Aquabears (WCAB)**, and unattached swimmers practicing with these clubs. Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.

OFFICIALS: **Meet Director:** Charlotte Rooney MeetDirector@PleasantonSeahawks.org
Head Referee: Leo Lin
Head Starter: Alex Dourov
Head Marshal: Steven Chung

MAIL IN ENTRIES: Entries must be on consolidated entry forms, one swimmer per form. Entry forms must be completely filled out including best short course (yards) times. **'No Time' entries (NT) will be accepted. Mailed entries must be postmarked by midnight, Thursday, October 30, 2008 and must be received by Monday, November 3rd.** No late entries will be accepted. Hand delivered entries must be received at the address below by 6 p.m. on November 3rd. Do NOT leave entries in mailbox. Make checks payable to *Pleasanton Seahawks* and mail with entries to:

PLS Swim Meet
% C. Silverthorn
1927 Evans Street
Livermore, CA 94550

ONLINE ENTRIES: The deadline for online entry is 11:59 p.m., Monday, November 3rd. **'No Time' entries (NT) will be accepted.** Go to: <http://swimconnection.com/pc/meet/pls> and follow entry instructions: You will receive confirmation of acceptance into the meet at time of payment. *This confirmation should be brought to the meet as proof of entry.* (Swim Connection LLC charges a processing fee for this service of \$1 per swimmer plus 5% of the Entry Fees. The processing fee is a separate fee from the entry fees. If you do not wish to pay the processing fee, enter the meet using the attached mail in form).

ENTRY FEES: \$2.25 per individual event, and a \$5.00 participation fee per swimmer to cover meet expenses. No refunds will be made, except for mandatory scratches

TIMERS: Each team is required to provide timers. *Swimmers must provide their own timers for the 400 I.M. and 500 Free events.*

AWARDS: None.

ADMISSION: FREE. A two-day meet program will be available for a reasonable cost.

HOSPITALITY: Snacks & beverages will be served to deck officials, timers, and coaches.

