

PACIFIC SWIMMING
ZONE 2 SHORT COURSE WINTER CHAMPIONSHIP MEET
Saturday, February 7 and Sunday, February 8, 2009

NOTE: This is the **SELECTION MEET** for the 2009 ALL-STAR Developmental Meet to be held on Sunday, March 1, 2009, to be hosted by ZONE 1 North. (8-Unders will be selected for the team, but will **NOT** travel with the team.) Application must be turned in to the All-Star Desk Saturday, February 7, 2009, before the end of the last event of the day.

SANCTION: Held under USA/Pacific Swimming Sanction No.: **0129**

LOCATION: **Chabot College Pool, 25555 Hesperian Blvd., Hayward, California.**
Take 880 (Nimitz) Freeway to Highway 92, Jackson St. turnoff. Go west onto Highway 92 towards San Mateo Bridge. From Highway 92 take Hesperian Blvd. /Chabot College turnoff. Go about ½ mile on Hesperian, turn left into athletic parking lot at Turner St. (The parking lot turnoff with signal lights). **PLEASE OBSERVE ALL POSTED PARKING REGULATIONS.** A parking fee of \$2.00 is required on Saturday. (Machine will accept \$1.00 bills and coins.) **You can be ticketed if you don't pay!!**

COURSE: 25 yard x 50 meter outdoor, heated pool. Up to 16 competition lanes available, to be allocated based on number of entries received. A warm-up area will be available during the meet. Locker rooms with showers are available.

TIME: Meet begins at 9:00 a.m. each day; general warm-ups begin at 7:30 a.m. and end at 8:45 a.m.
Special extended warm-up from 8:45-8:55 a.m. for 8-UN swimmers only.

RULES: Current USA Swimming and Pacific Swimming Rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk-of-the-Course. All events are timed finals. Swimmers may compete in a maximum of four (4) individual events per day PLUS relays. UNATTACHED SWIMMERS MAY NOT SWIM ON RELAY TEAMS. Unattached swimmers may score points for the purpose of the individual high point awards but their points will not count towards a team score. **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

SPECIAL RULES: There is no limit to the number of relay teams per event entered by each ZONE 2 swim team. All relays are allowed to score.

RESTRICTIONS: Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas and in all areas used by swimmers during the meet and warm-up periods. Sale and use of alcoholic beverages is prohibited in **all** areas of the meet venue. Outside BBQ pits are not permitted. No glass containers allowed on deck. No propane heaters/tanks are allowed in any area of the meet venue.

ELIGIBILITY: Meet is open only to qualified swimmers in Zone 2. **This meet is limited to those swimmers who have achieved the qualifying "B" Time Standard by January 13, 2009, using the 2008 Pacific Swimming time standards.** Entry times submitted for this meet will be validated against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures, 'Coach verified' times will **NOT** be accepted. Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times or seeding per Pacific Swimming Policy. All swimmers must have a current USA Swimming Registration Card and must enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. Swimmers who enter as "pending" or "applied for" must be prepared to present their current card or register before being allowed to check in. Swimmers 19 years of age and older may participate in the **15-18 age group individual events** but may not receive awards or score points. Swimmers 19 years of age and older **are not allowed** to participate in relays. Unattached swimmers must enter UN followed by the "CLUB ABBR" of the club through which they are entering the meet.

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-the-Course. Close of check-in for all events shall be no more than 30 minutes before the estimated start time of the first heat of that event. A swimmer who does not check in will not be allowed to compete in the event.

SCRATCHES:

Any swimmer who has checked in for an individual event and fails to swim that event will be scratched from the meet unless the swimmer returns to the clerk of the course and repeats the check-in process for all remaining events. Failure to swim an event after re-check-in will result in being barred from the next individual event in which a swimmer is entered on that day or the next meet day, whichever is first. The penalty will not apply if the swimmer scratches the event before it is seeded, or if the Referee accepts proof that the failure was caused by illness, injury or other circumstances beyond the control of the swimmer.

ENTRIES:

Individual events may be entered for this meet online, or by mail. Online meet entry is in no way required or expected in order to enter this meet.) Relays must be entered using consolidated team entries and submitted via mail by the mail entry deadline.

ONLINE MEET ENTRIES: Check <http://swimconnection.com/pc/meet/aia> for session open or closed status.

Enter at: <http://swimconnection.com/pc/meet/aia> to receive immediate confirmation of acceptance via email. The "billing information" email should be brought to the meet as proof of entry. Online entry requires payment by credit card using our secure site. The cost of using Online Meet Entries is \$1 per swimmer plus 5% of the total entry fees. Please note that the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to Swim Connection LLC. The use of this system is completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Pacific Swimming. Online entries must be confirmed by midnight, Thursday, January 29, 2009. No late entries will be accepted. Check <http://swimconnection.com/pc/meet/aia> for session open or closed status.

MAIL / HAND DELIVERED ENTRIES: Entries must be on a Consolidated Entry Card(s). Entry cards must be completely filled out, including best short course time for each event. Entered times must be submitted in yards. "NO TIME" entries will **NOT** be accepted. Entries must be postmarked by midnight, Monday, January 26, 2009, or hand delivered no later than 5:00 pm Thursday, January 29, 2009, to the address noted on top of page 3. No late entries will be accepted. Except for mandatory scratches, no refunds will be made.

RELAY ENTRIES: All relay entries shall be submitted by email, by Zone 2 teams. **Team entries only.** If a team does not have access to email they may mail the relay entry information on a computer disk to the mail in registration address. **Registration information for any swimmer not entered in an individual event in the meet that wishes to participate on a relay must be submitted on a separate list with the team relay entries. Swimmers not entered in an individual event and not on the list provided with the relay entries will not be allowed to participate on a relay.** We will accept one HyTek meet entry file (CL2 or HY3) or SDIF file format, with a signed hard copy backup. An entry file will be available for download from the swim meet listing on the Pacific meet schedule web page. Hy-Tek Team Manager is required to use this entry file. If your team does not have Team Manager, you can download a free Team Manager Lite version from the Hy-Tek web site <http://www.hy-tek.com/downloads.html>. For assistance with entry file software, contact the Meet Director.

Email relay entry file to **RSharpe@Alamedanet.net** by **Monday, January 26th**, mail hard copy back up of entries, **and Check**, to the mail in entry address noted on top of page 3; **postmarked by Monday, January 26th**, or **hand delivered by 5:00 pm Wednesday, January 28th**.

RELAY SWIMMERS NAMES MUST BE TURNED IN TO THE MEET DIRECTOR IN THE OFFICE BY 10:00 A.M. ON THE DAY OF THE RELAY. RELAY ENTRIES MUST BE SUBMITTED AS PART OF THE TEAM MEET ENTRY FILE.

**ENTRY FEES
And Mailing:**

\$2.25 per event, \$7.00 per relay event and a \$5.00 participation fee per swimmer to cover meet expenses.

Make checks payable to "Alameda Island Aquatics" and mail or hand deliver entries to:

Rebecca Boles
1082 Melrose Avenue
Alameda, CA 94502

email: rboles@berkeley.edu

SCORING:

Individual events and relay events are swum as a single age group. The first sixteen (16) places in the individual age group events will be scored and awarded as listed below. The first sixteen places for each relay event will be scored but **not awarded**.

Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 points

Relay Events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2 points

Only individual event scores are counted for high point awards.

Relay and individual scores are used for team scoring.

AWARDS:

The first 16 places will be awarded for 8&UN, 9-10, 11-12, 13-14, 15-16, 17-18 age groups. Individual high point awards for the top boy and girl in 8&UN, 9-10, 11-12, 13-14, 15-16, 17-18 age groups. All "B" swimmers achieving an "A" time will be awarded a standard "A" medal, regardless of place achieved in the event. No relay awards. No awards for swimmers age 19 and older. **Note: Individual awards must be picked up at the meet, they will not be mailed out or distributed after the meet.**

Team Awards – Teams will be equally divided into two groups based on the number of swimmers entered in the meet. Group I will consist of the teams with the larger numbers of entries. If there are an odd number of teams, the odd team will be placed in Group I. The top three teams in Group I and Group II will receive certificates.

ADMISSION:

FREE. A two-day program will be available for sale at a reasonable price.

HOSPITALITY:

Hospitality will be available for officials, coaches; and timers (during their shifts only).

OFFICIALS:

Head Referee: Kim Jew

Head Starter: Gwenn Chong

Meet Directors: Randell Sharpe (510) 337-0706

Head Marshal: Chris Allen

ZONE 2 SHORT COURSE CHAMPIONSHIPS – SATURDAY, FEBRUARY 7, 2009

Event #	SATURDAY EVENTS				Event #
GIRLS	Qualifying Time	Age Group	Event	Qualifying Time	BOYS
1	2:53.09 *	15-16	100 I.M.	2:38.29 *	2
	2:51.49 *	17-18	100 I.M.	2:34.59 *	
3	2:56.49	13-14	200 I.M.	2:45.49	4
5	3:04.99	11-12	200 I.M.	3:03.49	6
7	2:09.99	8-UN	100 I.M.	2:09.99	8
9	1:45.69	9-10	100 I.M.	1:41.59	10
11	32.89	15-16	50 Freestyle	29.59	12
	32.79	17-18	50 Freestyle	28.99	
13	33.39	13-14	50 Freestyle	31.09	14
15	34.59	11-12	50 Freestyle	33.39	16
17	40.09	9-10	50 Freestyle	39.19	18
19	23.49	8-UN	25 Freestyle	23.49	20
21	1:17.99 **	15-16	50 Butterfly	1:10.59 **	22
	1:16.99 **	17-18	50 Butterfly	1:08.99 **	
23	1:19.39	13-14	100 Butterfly	1:13.99	24
25	1:27.59	11-12	100 Butterfly	1:26.39	26
27	26.99	8-UN	25 Butterfly	26.99	28
29	48.79	9-10	50 Butterfly	47.29	30
31	1:11.29	15-16	100 Freestyle	1:04.59	32
	1:10.89	17-18	100 Freestyle	1:03.39	
33	2:36.59	13-14	200 Freestyle	2:26.79	34
35	1:13.59	11-12	100 Freestyle	1:13.29	36
37	51.99	8-UN	50 Freestyle	51.99	38
39	1:31.89	9-10	100 Freestyle	1:29.19	40
41		15-18	200 Free Relay		42
43		13-14	200 Free Relay		44
45		11-12	200 Free Relay		46
47		8-Un	100 Free Relay		48
49		9-10	200 Free Relay		50

* Enter your 200 Yard IM time for the 100 Yard IM in which you wish to enter.

** Enter your 100 Yard time for the 50 Yard stroke in which you wish to enter.

ZONE 2 SHORT COURSE CHAMPIONSHIPS – SUNDAY, FEBRUARY 8, 2009

Event #	SUNDAY EVENTS				Event #
GIRLS	Qualifying Time	Age Group	Event	Qualifying Time	BOYS
51	1:20.19	13-14	100 Backstroke	1:15.69	52
53	1:18.99 **	15-16	50 Backstroke	1:11.49 **	54
	1:18.19 **	17-18	50 Backstroke	1:09.99 **	
55	27.99	8-UN	25 Backstroke	27.99	56
57	1:28.89	11-12	100 Backstroke	1:25.79	58
59	48.89	9-10	50 Backstroke	49.29	60
61	1:30.99	13-14	100 Breaststroke	1:24.39	62
63	1:29.09 **	15-16	50 Breaststroke	1:20.69 **	64
	1:29.09 **	17-18	50 Breaststroke	1:18.79 **	
65	29.99	8-UN	25 Breaststroke	29.99	66
67	1:36.39	11-12	100 Breaststroke	1:35.69	68
69	53.59	9-10	50 Breaststroke	53.89	70
71	1:12.59	13-14	100 Freestyle	1:07.69	72
73	1:29.09	15-16	100 Breaststroke	1:20.69	74
	1:29.09	17-18	100 Breaststroke	1:18.79	
75	1:54.59	8-UN	100 Freestyle	1:51.59	76
77	2:43.49	11-12	200 Freestyle	2:39.39	78
79	3:20.19	9-10	200 Freestyle	3:09.89	80
81	1:19.39 **	13-14	50 Butterfly	1:13.99 **	82
83	1:17.99	15-16	100 Butterfly	1:10.59	84
	1:16.99	17-18	100 Butterfly	1:08.99	
85	59.99	8-UN	50 Butterfly	59.99	86
87	38.09	11-12	50 Butterfly	38.59	88
89	1:57.49	9-10	100 Butterfly	1:55.39	90
91		13-14	200 Medley Relay		92
93		15-18	200 Medley Relay		94
95		8-UN	100 Medley Relay		96
97		11-12	200 Medley Relay		98
99		9-10	200 Medley Relay		100

** Enter your 100 Yard time for the 50 Yard stroke in which you wish to enter.

PACIFIC SWIMMING ZONE 2 CHAMPIONSHIP MEET
February 7 & 8, 2009

TEAM RELAY ENTRIES

TEAM: _____

Assigned to: _____

TEAM CONTACT _____ email _____
PERSON: _____ phone () _____

COACH: _____ phone () _____

ENTRY FEE	
Total Relay Entries	X \$7.00
	\$
TOTAL ENTRY	
TOTAL ENTRY FEE =	
	\$

TOTAL AMOUNT DUE =	
	\$

NOTE: Meet expense surcharges and Individual fees due will be checked against the number of entries shown in the Meet Program.

RELAY ENTRY SUMMARY, Enter time of each relay team, use additional page if more than six teams each event

Event No.	Gender /Age	Event	A	B	C	D	E	F	Total No. Relays
41	GIRLS 15-18	200 FREE RELAY							
42	BOYS 15-18	200 FREE RELAY							
43	GIRLS 13-14	200 FREE RELAY							
44	BOYS 13-14	200 FREE RELAY							
45	GIRLS 11-12	200 FREE RELAY							
46	BOYS 11-12	200 FREE RELAY							
47	GIRLS 8-UN	100 FREE RELAY							
48	BOYS 8-UN	100 FREE RELAY							
49	GIRLS 9-10	200 FREE RELAY							
50	BOYS 9-10	200 FREE RELAY							
91	GIRLS 13-14	200 MEDLEY RELAY							
92	BOYS 13-14	200 MEDLEY RELAY							
93	GIRLS 15-18	200 MEDLEY RELAY							
94	BOYS 15-18	200 MEDLEY RELAY							
95	GIRLS 8-UN	100 MEDLEY RELAY							
96	GIRLS 8-UN	100 MEDLEY RELAY							
97	GIRLS 11-12	200 MEDLEY RELAY							
98	BOYS 11-12	200 MEDLEY RELAY							
99	GIRLS 9-10	200 MEDLEY RELAY							
100	BOYS 9-10	200 MEDLEY RELAY							

TOTAL TEAM RELAY ENTRIES ==

**Alameda Island Aquatics
Zone II Short Course Championships
February 7-8, 2009
Consolidated Entry Card**

NAME: LAST FIRST INTL

LSC Code (PC, SN, CC) _____

CLUB ABBR	IF UNATT TEAM ABBR	CLUB NAME
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AGE	DATE OF BIRTH	AMT. PAID \$
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USA-S REG #	_____
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SEX	AGE GROUP
Boy Girl	

EVENT #	DISTANCE/STROKE	ENTRY TIME
		: .
		: .
		: .
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		: .
		: .
		: .
		: .
		: .
		: .

of Entries _____ x \$ 2.25 = _____

Participation Fee \$ 5.00

Total _____

COACH: _____

SWIMMERS
ADDRESS: _____

PHONE # () _____

E-MAIL _____

E-Mail _____

**Alameda Island Aquatics
Zone II Short Course Championships
February 7-8, 2009
Consolidated Entry Card**

NAME: LAST FIRST INTL

LSC Code (PC, SN, CC) _____

CLUB ABBR	IF UNATT TEAM ABBR	CLUB NAME
--------------	-----------------------	-----------

AGE	DATE OF BIRTH	AMT. PAID \$
-----	---------------	-----------------

USA-S REG #	_____
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SEX	AGE GROUP
Boy Girl	

EVENT #	DISTANCE/STROKE	ENTRY TIME
		: .
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		: .
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		: .

of Entries _____ x \$ 2.25 = _____

Participation Fee \$ 5.00

Total _____

COACH: _____

SWIMMERS
ADDRESS: _____

PHONE # () _____

E-MAIL _____

E-Mail _____