

Pacific Swimming Short Course Junior + Meet

Saturday, January 31, and Sunday, February 1, 2009

Hosted by the Morgan Hill Swim Club

Morgan Hill Aquatics Center, Morgan Hill, CA

Enter Online at: <http://swimconnection.com/pc/meet/mhsc>

SANCTION: Held under USA Swimming/Pacific Swimming sanction number: **0159**

LOCATION: Morgan Hill Aquatics Center, 16200 Condit Road, Morgan Hill, CA.

From Southbound Highway 101: take Dunne Avenue exit, go left and cross over 101, go right at first street (traffic light), Condit Road. Pool is on left, about ¼ mile.

From Northbound Highway 101: take Tennant Avenue exit, go right and make immediate left onto Condit Road. Pool is on right.

PLEASE DO NOT PARK ON THE WEST SIDE OF CONDIT. YOU WILL BE TOWED.

Entry: Enter facility through the gates at the competition end of the Aquatics Center, the south end. The facility may also be entered through the main entrance on the north end.

COURSE: 25 yard x 50-meter outdoor, heated pool, minimum depth 7-13 feet. Will swim up to 16 lanes (25 yards) depending on the number of entries. Warm-up / warm-down lanes will be available.

FACILITY: Locker rooms with showers are available.

TIME: Competition begins at 9:00 AM, each day; warm-ups will be from 7:30 – 8:45 AM.

RULES: Current USA and Pacific Swimming rules will govern the meet. Pacific Swimming warm up procedures will be in effect. A copy of these procedures will be posted at the Clerk of Course. All events are timed finals. Swimmers are eligible to enter all events in which they have equaled or bettered the listed Junior time standards but **they may not compete in more than five (5) events per day.** All coaches and deck officials must wear their USA Swimming membership cards in a visible manner. If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director may require a mandatory scratch down. Immediate refunds will be made for any mandatory scratches.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in locker rooms, in spectator seating or standing areas and in all areas used by swimmers during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No propane containers, other than provided for the snack bar, are allowed in any areas of the meet venue.
- No pets allowed in venue.
- No glass containers allowed in all areas of the meet venue.
- Team areas are located on lawn and areas around the competition pool. Limited areas for coaches are next to the pool. No EZ-ups or chairs provided.
- Cement walkways are to be left open for emergency vehicle access and/or traffic flow.
- The Morgan Hill Aquatics Center prohibits any outside commercial food from being brought into the swim venue. (Picnic tables are located outside the gate.)

ELIGIBILITY: Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and results database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. Meet is open to all qualified swimmers. A swimmer who qualifies with Junior times or better in a specific stroke and distance will be considered qualified in the same stroke and distance in all courses. If the time was made in Short Course Yards, enter your SCY time. If the time was made in Long Course Meters, enter your LCM time. **No time conversion will be accepted. Swimmers 13 years of age or over will be considered qualified for these meets without proof of time. Swimmers 12 years of age and under may enter this meet but are subject to proof-of-time requirement** in accordance with Pacific Swimming Entry Time Verification Procedures. Entry times must have been achieved prior to the closing date for entries for the meet. If the time cannot be proven prior to the meet, the swimmer will not be allowed to check in for the event until the entry time has been proven. Swimmers with a qualifying time in the 1650 or 1000 freestyle may enter both events. “No Time” entries will NOT be accepted. Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.

DISTANCE

EVENTS: All events are timed finals. The Meet Referee and Meet Director will determine the course(s) to be used based on the number of swimmers entered in for the events. *Swimmers need to provide their own lap counters and timers for the 500, 1000 and 1650 yard freestyle events.* The 1000 and 1650 Freestyle events may be swum fastest to slowest, alternating women and men.

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 30 minutes before the *estimated* time of the start of the first heat of the event. Swimmers who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Pacific Swimming scratch rules will be in effect. A copy of these rules will be posted at the Clerk-of-Course. Any swimmer who has checked-in for an individual event and fails to swim that event (No Show) will be scratched from the meet unless the swimmer returns to the clerk of the course and repeats the check-in process for all remaining events. Failure to swim an event after re-check-in will result in being barred from the next individual event in which a swimmer is entered on that day or the next meet day, whichever is first. The penalty will not apply if the swimmer scratches before the event is seeded or if the Referee accepts proof that the failure was caused by illness, injury or other circumstances beyond the control of the swimmer

SURFACE MAIL ENTRIES:

Entries must be on the attached form. Individual Consolidated Entry Cards must be completely filled out, including best short course yard time, or long course meter time. Entered times should be submitted in short course yards (SCY) or non-conforming long course meters (LCM). 'No time' entries will not be accepted.

Entry forms must be completely filled out, including best conforming short course yard time, or non conforming long course meter time for each event. All entries shall be noted by (SCY) or (LCM) to the left of the entry time.

[SCY = short course yards; LCM = long course meters.]

DO NOT CONVERT TIMES USING ANY CONVERSION FORMULAS.

ONLINE ENTRIES:

You may enter this meet online or by mail. Enter at: <http://swimconnection.com/pc/meet/mhsc> to receive an immediate entry confirmation. The "billing information" email should be brought to the meet as proof of entry. This method requires payment by credit card using our secure site. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total meet Entry Fees. Online meet Entry fees are paid to Swim Connection LLC. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering on line is a convenience and is completely voluntary, and is in no way required or expected in order to enter this meet. **Online entries will not be accepted after January 22, 2009.**

ENTRY DEADLINE:

Entries must be postmarked by **midnight, Thursday, January 22, 2009**, entered online by midnight, **Thursday, January 22, 2009**, or hand delivered to the address below no later than **8:00 p.m. on Thursday, January 22, 2009**. No late entries, no telephone entries, and no FAXED entries will be accepted.

ENTRY FEES: \$ 4.50 per individual event, plus \$5.00 participation fee per swimmer.

Make check payable to Morgan Hill Swim Club and mail with entries to:

Morgan Hill Swim Club
c/o Vicki Bridges
17417 Calle Del Sol
Morgan Hill, CA 95037

Or, hand delivery to the same address is acceptable.

Entry Questions? Contact Vicki Bridges, 408 779-1696

If you wish to confirm entries have been received, please include a self-addressed, stamped envelope or postcard with your entries. If you have an email address and want confirmation that way please include it on the entry form. Do not call for entry confirmation. Phone calls will not be accepted or returned to check entry status.

OFFICIALS:

Head Referee: Brian Malick
Head Starter: Harrison Race
Meet Director: Vicki Bridges email: bridgesfamilytrio@msn.com
Head Meet Marshal: Dolores Akin

TIMERS:

Each team is requested to provide timers based on each team's total number of swimmers for each day. Lane assignments will be given to each participating team several days prior to the meet.

AWARDS:

None.

GENERAL:

Admission is free. A two-day program will be available for a fee. Hospitality will be provided for timers/recorders, coaches, and meet officials. A full service snack bar will be available.

PARKING:

NO OVERNIGHT OR RV PARKING IS PERMITTED. Please note signs and avoid parking in restricted areas.

Summary of Events

Saturday, January 31, 2009

Women's Event #	Women's Junior Times		Event	Men's Junior Times		Men's Event #
	SCY	LCM		SCY	LCM	
1	6:01.79	5:26.39	500 Free	5:49.49	5:15.59	2
3	2:37.99	2:57.79	200 Back	2:36.49	2:56.19	4
5	1:23.89	1:34.29	100 Breast	1:18.39	1:28.29	6
7	2:42.39	3:02.69	200 Fly	2:34.59	2:54.09	8
9	1:03.79	1:12.19	100 Free	59.49	1:07.49	10
11	5:35.99	6:17.59	400 I.M.	5:24.79	6:05.29	12
13	12:19.49	11:08.19	1000 Free	11:30.99	10:25.49	14

Sunday, February 1, 2009

Women's Event #	Women's Junior Times		Event	Men's Junior Times		Men's Event #
	SCY	LCM		SCY	LCM	
15	2:18.49	2:36.39	200 Free	2:09.99	2:26.99	16
17	1:12.39	1:21.69	100 Fly	1:07.79	1:16.59	18
19	29.49	33.49	50 Free	27.59	31.39	20
21	3:02.59	3:24.89	200 Breast	2:52.49	3:13.79	22
23	2:37.99	2:58.19	200 I.M.	2:29.59	2:48.49	24
25	1:13.99	1:23.39	100 Back	1:11.69	1:20.89	26
27	20:47.89	21:20.59	1650 Free	19:40.79	20:13.39	28

Please note that the 1000 and 1650 Freestyle events may be swum fastest to slowest, alternating women and men. Swimmers must provide their own lap counters and timers.

SPIRIT ADVERTISEMENTS

Support your team or swimmer by purchasing a "Spirit Ad" to appear in the program. Individuals or teams may purchase these ads. All ads must be copy ready, preferably in black and white, which reproduces better than gray tones or color. Send your copy ready advertisement and a separate check made out to *MHSC* along with your meet entry. All ads must be received by the meet entry deadline.

Prices: Bus. Card Quarter Page Half Page Full Page
 \$20 \$35 \$65 \$100

Or \$5 for a one line spirit ad to cheer on your favorite swimmer.

Questions about Spirit Ads Contact Theresa Tran ttatran@yahoo.com

Morgan Hill Swim Club
 Jr+ Short Course Meet
 Jan. 31 & Feb 1
 Consolidated Entry Form

NAME: LAST FIRST INTL

LSC Code (PC, SN, CC) _____
PC _____

CLUB ABBR	IF UNATT TEAM ABBR	CLUB NAME

AGE	DATE OF BIRTH	AMT. PAID \$

USA-S REG #	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 2%;"> </td><td style="width: 2%;"> </td><td style="width: 2%;"> </td><td style="width: 2%;"> </td><td style="width: 2%;"> </td><td style="width: 2%;"> </td><td style="width: 2%;"> </td><td style="width: 2%;"> </td><td style="width: 2%;"> </td><td style="width: 2%;"> </td><td style="width: 2%;"> </td><td style="width: 2%;"> </td><td style="width: 2%;"> </td><td style="width: 2%;"> </td><td style="width: 2%;"> </td><td style="width: 2%;"> </td><td style="width: 2%;"> </td> </tr> </table>																	

SEX	AGE GROUP
Boy Girl	

EVENT #	DISTANCE/STROKE	ENTRY TIME
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of Entries _____ x \$ 4.50 = _____

Participation Fee **\$ 5.00**

Total _____

COACH: _____

TEAM ADDRESS: _____

PHONE # ()
 Team Email Address: _____