

TAHOE SWIM CLUB
<http://www.tahoeswimclub.com>
2009 “SWIMMING AT ALTITUDE” SHORT COURSE MEET
JUNE 6-7, 2009

Optional entry process online at: <http://swimconnection.com/pc/meet/tahol>

- SANCTION:** Held under USA/Pacific Swimming Sanction No.: **0569**
- LOCATION:** **South Lake Tahoe Recreation Complex**, 1180 Rufus Allen Blvd., South Lake Tahoe, CA. Take Highway 50 into South Lake Tahoe. When Highway 50 comes adjacent to the lake, turn on Rufus Allen Blvd. which is the next turn coming from either direction. The Recreation Complex is next to Campground by the Lake.
- COURSE:** Outdoor heated 25 yard pool, up to 6 lanes. No warm-up facilities are available during the meet.
- TIME:**
- SATURDAY:** **Morning Session (11 and up)**
Warm-ups 7:00-8:15 am; Meet begins at 8:30 am.
Afternoon Session (10 and under)
Meet will not start before 12:30 pm;
Warm-ups will not start before 11:30 am.
- SUNDAY:** **Morning Session (10 and under)**
Warm-ups 7:00-8:15 am; Meet begins at 8:30 am.
Afternoon Session (11 and up)
Meet will not start before 12:30 pm;
Warm-ups will not start before 11:30 am.
- RULES:** Current USA Swimming (USA-S) and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk of the Course. All events are timed finals. All swimmers ages 12 and under should complete competition within four (4) hours. Swimmers may compete in a maximum of 5 (five) events per day plus relays. “No time” entries will be accepted.

The Meet will be LIMITED to the first 400 swimmers (per day as stated in Zone 4 meet venue rules) or when the meet's estimated time line exceeds the Four Hour Rule per Age Group and Gender.

Check <http://swimconnection.com/pc/meet/tahol> for each session's open or closed status. If local conditions warrant it the Meet Referee, with concurrence of the Meet Director, may require a mandatory scratch down to 4 or 3 events per swimmer. Immediate cash refunds will be made for any mandatory scratches. All coaches and deck officials must wear their USA-S membership cards in a visible manner.

RESTRICTIONS: Smoking and the use of tobacco products is prohibited on the pool deck, in the locker room, in any of the spectator areas and in all areas used by swimmers during the meet and warm-up periods. Glass containers, sale and use of alcoholic beverages are prohibited in all areas of the meet venue. Use of cell phones is prohibited in the locker rooms.

ELIGIBILITY: All swimmers must have a current USA-S Registration Card and must enter the number on the meet entry card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. *Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.* Swimmers 19 years of age and older participate in 13-OVER events but will not receive awards or score points. Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.

CHECK-IN: The meet will be deck seeded. Swimmers must check in at the Clerk of Course. Close of check-in for all events shall be no more than 30 minutes before the estimated time of the start of the first heat of that event. Swimmers who do not check in will not be allowed to compete in the event. Check-in will open at 7:00 AM for morning session and 11:30 AM for afternoon session.

SCRATCHES: Any swimmer who has checked in for an individual event and fails to swim that event will be scratched from the meet unless the swimmer returns to the clerk of the course and repeats the check-in process for all remaining events. Failure to swim an event after re-check-in will result in being barred from the next individual event in which a swimmer is entered on that day or the next meet day, whichever is first. The penalty will not apply if the swimmer scratches the event before it is seeded, or if the Referee accepts proof that the failure was caused by illness, injury or other circumstances beyond the control of the swimmer.

OFFICIALS:

| | |
|----------------|--|
| Referee: | Carol Cottam |
| Starter: | Larry Rice |
| Meet Marshal: | Sharon Peuse |
| Meet Director: | Louise Marin (530) 541-2330 louisemarin@sbcglobal.net |

ENTRIES: **TWO OPTIONS FOR MEET ENTRY:**

Option 1- Online Meet Entry

(The deadline for all online entries is Wednesday, May 27, 2009 at midnight).

Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.

Enter at: <http://swimconnection.com/pc/meet/tahol> to receive immediate confirmation of acceptance via email. The verification copy of your online entries

should be brought to the meet as proof of entry. This method requires payment by credit card using the secure site. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total entry fees. Please note that the processing fee is a separate fee from the entry fees. If you do not wish to pay the processing fee, enter the meet using a traditional mailed or hand-delivered entry.

Option 2 – Traditional Mailed or Hand-Delivered Entry

Entries must be on a Consolidated Entry Card, one form for each swimmer. Entry forms must be completely filled out including best Short Course time for each event. Entered times must be submitted in YARDS. “No Time” entries will be accepted. If you wish confirmation that your entries have been accepted, include a self-addressed, stamped envelope with your entry form. Entries must be postmarked by midnight, Monday, May 25, 2009 or hand delivered by 5:00 PM Wednesday, May 27, 2009 to:

Mailed

Swim Entries
C/O Tahoe Swim Club
P.O. Box 5741
Stateline, NV 89449
Telephone: (530) 541-7283

Hand-Delivered

Swim Entries
C/O Mr. Jerry Erickson
687 Michael
South Lake Tahoe, CA, 96150

For mailed or hand delivered entries, make checks payable to **TAHOE SWIM CLUB**.

NO REFUNDS WILL BE MADE except for mandatory scratches. No late entries will be accepted. (Entries may be returned if they are received after the number of splashes exceeds the estimated time line, per the Four Hour Rule, based on swimmers’ age and gender.)

ENTRY FEES: \$2.75 per individual event
\$5.00 participation fee per swimmer to help defray meet expenses
\$9.00 per relay team (No limit to number of relay entries per team)

RELAYS: Relay team for 10 & under shall consist of four 10 & under swimmers and can be mixed genders. Relay team for 11 & up shall consist of no more than two swimmers 15 and up and can be mixed genders. Awards for relays will be given to 1st through 6th. Relay events will be deck entered on the day of the event, to be turned in at the announced time.

AWARDS: **BLUE FLIGHT:** 1st through 8th place ribbons.
WHITE FLIGHT: 1st through 8th place ribbons.

Swimmers competing in each age group 8 & UN*, 9-10, 11-12, 13-18** (*Six and under and **13-14, 15-16 & 17-18 will be awarded and scored separately.) Swimmers 19 years of age and older will not receive awards.

INDIVIDUAL HIGH POINT AWARDS:
For boys and girls in each age group in the BLUE FLIGHT ONLY.

If more than 18 swimmers check in for an event, that event will be swum in two equal flights with the faster one-half making up the Blue Division. Swimmers with identical entry times on either side of the division, or the middle swimmer in an event with an uneven number of entries, will be seeded into the Blue Flight.

SCORING: Individual events will be scored for 1st through 8th as follows: 9, 7, 6, 5, 4, 3, 2, 1 in the Blue Flight only.

ADMISSION: FREE

PROGRAM: Meet program will be available for a fee.

MISC.: Teams will be assigned a lane for timing according to the number of swimmers entered and the teams will be responsible for scheduling timers. As always, the continued support from the volunteer officials is greatly appreciated.

A SNACK BAR will be in operation during the meet. Lunches and snacks will be served to all working officials and coaches.

BREAKFAST WILL BE SERVED EACH MORNING STARTING AT 7:00 AM IN THE GYM OF THE RECREATION COMPLEX. The cost will be: \$4.50 for adults and \$3.50 for children 10 and under.

***25-Yard Free Style events** for 9 years and up are not scored for high point. This is a fun event for those who haven't swum a 25-yard Free since they were eight years old.

SATURDAY, JUNE 6, 2009

SUNDAY, JUNE 7, 2009

MORNING SESSIONS Starts at 8:30 am

| G | B | GROUP | EVENT |
|----|----|---------|---------------|
| 1 | 2 | 13-over | 200 IM |
| 3 | 4 | 11-12 | 100 IM |
| 5 | 6 | 13-over | 200 Back |
| 7 | 8 | 11-12 | 50 Back |
| 9 | 10 | 13-over | 100 Breast |
| 11 | 12 | 11-12 | 50 Breast |
| 13 | 14 | 13-over | 100 Fly |
| 15 | 16 | 11-12 | 100 Fly |
| 17 | 18 | 13-over | 50 Free |
| 19 | 20 | 11-12 | 50 Free |
| 21 | | 11-over | 200 F. R. Mix |

| G | B | GROUP | EVENT |
|----|----|---------|------------|
| 45 | 46 | 9-10 | 50 Fly |
| 47 | 48 | 8-under | 50 Fly |
| 49 | 50 | 9-10 | 100 Back |
| 51 | 52 | 8-under | 50 Back |
| 53 | 54 | 9-10 | 100 Breast |
| 55 | 56 | 8-under | 25 Breast |
| 57 | 58 | 9-10 | 100 Free |
| 59 | 60 | 8-under | 100Free |
| 61 | 62 | 9-10 | 25 Free* |
| 63 | 64 | 8-under | 25 Free |

AFTERNOON SESSIONS Starts no earlier than 12:30 pm

| G | B | GROUP | EVENT |
|----|----|----------|--------------|
| 23 | 24 | 9-10 | 100 IM |
| 25 | 26 | 8-under | 100 IM |
| 27 | 28 | 9-10 | 50 Back |
| 29 | 30 | 8-under | 25 Back |
| 31 | 32 | 9-10 | 50 Breast |
| 33 | 34 | 8-under | 50 Breast |
| 35 | 36 | 9-10 | 100 Fly |
| 37 | 38 | 8-under | 25 Fly |
| 39 | 40 | 9-10 | 50 Free |
| 41 | 42 | 8-under | 50 Free |
| 43 | | 10-under | 200 F.R. Mix |

| G | B | GROUP | EVENT |
|----|----|---------|------------|
| 65 | 66 | 13-over | 200 Free |
| 67 | 68 | 11-12 | 50 Fly |
| 69 | 70 | 13-over | 100 Back |
| 71 | 72 | 11-12 | 100 Back |
| 73 | 74 | 13-over | 200 Breast |
| 75 | 76 | 11-12 | 100 Breast |
| 77 | 78 | 13-over | 100 Free |
| 79 | 80 | 11-12 | 100 Free |
| 81 | 82 | 13-over | 25 Free* |
| 83 | 84 | 11-12 | 25 Free* |

EVENT SUMMARY BY AGE GROUP

| | 8-UNDER | 9-10 | 11-12 | 13-Over |
|-----------------|------------|------------|------------|------------|
| SATURDAY | 100 IM | 100 IM | 100 IM | 200 IM |
| | 25 Back | 50 Back | 50 Back | 200 Back |
| | 50 Breast | 50 Breast | 50 Breast | 100 Breast |
| | 25 Fly | 100 Fly | 100 Fly | 100 Fly |
| | 50 Free | 50 Free | 50 Free | 50 Free |
| | 200 FR Mix | 200 FR Mix | 200 FR Mix | 200 FR Mix |
| SUNDAY | 50 Fly | 50 Fly | 50 Fly | 200 Free |
| | 50 Back | 100 Back | 100 Back | 100 Back |
| | 25 Breast | 100 Breast | 100 Breast | 200 Breast |
| | 100 Free | 100 Free | 100 Free | 100 Free |
| | 25 Free | 25 Free* | 25 Free* | 25 Free* |

* 25-Yard Free Style events for 9 years and up are not scored for high point. This is a fun event for those who haven't swum a 25-yard Free since they were eight years old.

