

**De Anza Cupertino Aquatics**  
**Pacific Swimming PC-C/PC-B/PC-A+ Long Course Meet**  
**Saturday and Sunday, June 13-14, 2009**  
**USA/Pacific Swimming Sanction Number: 0719**  
Enter online at: <http://www.swimconnection.com/pc/daca>

**LOCATION:** De Anza College: 21250 Stevens Creek Blvd., Cupertino, CA 95014. **From the North:** Take Highway 280 to south. Exit right on De Anza Blvd. Turn Right on Stevens Creek Blvd. Turn left on Stelling St. Enter the College Campus on the right hand side from Stelling St. and use Parking Lot C for easiest access to the pool. **From the South:** Take Highway 280 North. Exit left on De Anza Blvd. Turn Right on Stevens Creek Blvd. Turn left on Stelling St. Enter the College Campus on the right hand side from Stelling St. and use Parking Lot C for easiest access to the pool.

**COURSE:** Outdoor, heated 50 meter pool, up to 10 lanes. Separate warm up area available.

**TIME:** This is a split session meet. **Session A begins at 8:30 AM** with warm-up from 7:00 AM to 8:15 AM. **Session B will begin one hour after Session A finishes but not before 11:30 AM.** Session B warm-up will begin immediately after Session A finishes.

**RULES:** Current USA and Pacific Swimming rules will govern this meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk of Course. All events are timed finals. **SWIMMERS MAY COMPETE IN A TOTAL OF FOUR (4) EVENTS PER DAY.** Entries will be accepted until the number of splashes exceeds the estimated time line, per the Four-Hour Rule, based on the swimmers Age Group and Gender. Therefore, meet entries may close prior to the entry deadline stated. If conditions warrant it, the Meet Referee, with concurrence of the Meet Director may require a mandatory scratch down. In the event of a mandatory scratch down, refunds will be given at the Clerk of Course. All coaches and deck officials must wear their USA Swimming (USA-S) Registration Card in a visible manner. **SWIMMERS MUST BE 11 YEARS OF AGE OR OLDER TO COMPETE IN THE OPEN EVENTS.** The 1500 meter Freestyle will swim fastest to slowest alternating men and women. At the Referee's discretion, the 1500 may swim two (2) to a lane. 1500 meter Freestyle swimmers must provide their own timers and lap counters.

**RESTRICTIONS:** Glass containers of all kinds, smoking and the sale and use of other tobacco and alcohol products are prohibited in all areas of the meet venue defines as on the pool deck, in the locker rooms, in spectator seating areas and in all areas used by swimmers during the meet and warm-up periods. No parents are allowed on the pool deck.

**ELIGIBILITY:** Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate Registrations will be refunded by mail. Swimmers in the "A" Division must have met at least the listed "PC-A" time standard. Swimmers in the "B" Division must have met at least the listed "PC-B" time standard and have not met the listed "PC-A" standard. All entry times slower the listed "PC-B" time standard will be in the "C" Division. Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. Swimmers 19 years of age and older may participate in Open events but will not receive awards. Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming Policy.

**CHECK IN:** This meet will be deck seeded. Swimmers must check-in at the Clerk of Course. Close of check-in for all events shall be no more than 30 minutes before the estimated time of the start of the first heat of the event. Swimmers who do not check-in will not be allowed to compete in the event.

**SCRATCHES:** Failure to swim an event a swimmer has checked-in for will result in being scratched from the meet unless the swimmer returns to the clerk of the course and repeats the check-in process for all remaining events. Failure to swim an event after re-check-in will result in being barred from the next individual event in which a swimmer is entered on that day or the next meet day, whichever is first. There will be no penalty for not checking in for an event, the swimmer will simply be scratched from that event.

**ENTRIES:** All surface entries must be postmarked by Monday, June 1<sup>st</sup>. Entries hand delivered to the same address where entries are mailed to must be received by Wednesday, June 3<sup>rd</sup> at 6:00 PM. For confirmation of entries, a self-addressed stamped envelope or postcard must be provided. The deadline for all online entries is Midnight, Wednesday, June 3<sup>rd</sup>. See next page for specific instructions for online and surface entries.

**Option 1: Online Meet Entries**

1. Using your browser go to:
2. Follow entry instructions:
  - a. Enter all swimmers in your family at the same time.
  - b. Make online credit card payment for meet entries at our secure site.
  - c. **You will receive confirmation of acceptance into the meet at time of payment.** This confirmation should be brought to the meet as proof of entry.
  - d. Online entries will close at Midnight on June 3<sup>rd</sup>.

*Swim Connection charges an internet processing fee of \$1.00 per swimmer + 5% of the total entry fee. Online entry fee are paid to Swim Connection, LLC. Entry via the online system is not required.*

**Option 2: Traditional Postal System Mailed Entries**

1. Entries must be on the attached Consolidated Entry Form. Complete a separate form for each swimmer using the best long course time for each event.
2. Make your check payable to **DACA**, and mail entries to:

Annie Stein  
 1080 S. De Anza Blvd  
 San Jose, CA 95129

No late entries, fax entries, or entries without payment will be accepted. No refunds will be made.

**ENTRY FEES:** \$2.75 per event and a \$5.00 participation fee per swimmer.

**AWARDS:** Individual events will be awarded in the A, B, and C division. Ribbons for First through Eighth place will be given to the following age groups: 8 & under, 9/10. 11-12 Swimmers will compete in the Open Events but will be awarded First through Eighth Place ribbons separately. 13 & Over Swimmers will be awarded together. Swimmers 19 years of age and older will not receive awards. "PC-A" time medals will be given to swimmers achieving a new "PC-A" time, regardless of place achieved in the event. All awards must be picked up at the meet by coaches at the end of each session. Awards will not be mailed.

**ADMISSION:** Free. A two day program will be available for \$5.00

**SNACK BAR:** A Snack Bar will be open each day.

**HOSPITALITY:** Generous and friendly hospitality provided for all volunteers, officials and coaches. Lunches will be available for officials and coaches.

**OFFICIALS:**

<b>Head Referee:</b>	Harrison Race
<b>Head Starter:</b>	Khalid Bouzina
<b>Head Meet Marshall:</b>	Tammy Hopkins
<b>Meet Director:</b>	Annie Stein

**Minimum Officials:** Teams must follow Zone 1 North rules for providing officials. Each team must provide officials for each session according to the number of swimmers entered in that session, following the table below. Teams that do not provide sufficient officials must provide coaches to act in the place of officials.

Number of swimmers per team entered in session	# of trained and carded officials required
0 – 24	0
25 – 50	1
51 – 75	2
76 – 100	3
101 and up	4

### Saturday, June 13th 2009

Girls #	PC-B	PC-A	Event	Age Group	Event	PC-B	PC-A	Boys #
<b>Session A</b>								
1	1:41.59	1:32.19	100 Free	9-10	100 Free	1:41.69	1:32.29	2
3	1:12.49	1:01.89	50 Breast	8-UN	50 Breast	1:12.49	1:01.39	4
5	4:13.29	3:49.89	200 IM	9-10	200 IM	4:16.29	3:52.69	6
7	54.09	49.09	50 Back	9-10	50 Back	55.49	50.29	8
9	1:06.99	57.89	50 Back	8-UN	50 Back	1:06.99	56.69	10
11	2:00.79	1:49.59	100 Fly	9-10	100 Fly	2:00.99	1:49.89	12
13	1:00.89	55.29	50 Breast	9-10	50 Breast	1:01.69	55.99	14
15	58.19	48.19	50 Free	8-UN	50 Free	58.19	46.09	16
17	3:42.49	3:21.99	200 Free	9-10	200 Free	3:41.69	3:21.29	18
<b>Session B</b>								
19	1:44.49	1:34.89	100 Back	Open	100 Back	1:45.99	1:36.19	20
21	3:15.99	2:57.89	200 Free	Open	200 Free	3:16.29	2:58.19	22
23	1:57.59	1:46.69	100 Breast	Open	100 Breast	1:56.39	1:45.59	24
25	3:49.49	3:28.39	200 Fly	Open	200 Fly	3:47.49	3:26.49	26
27	41.39	37.49	50 Free	Open	50 Free	40.99	37.09	28
29	3:42.59	3:22.09	200 IM	Open	200 IM	3:44.29	3:23.59	30
31	27:06.29	24:36.19	1500 Free	Open	1500 Free	26:55.59	24:26.49	32

### Sunday, June 14th 2009

Girls #	PC-B	PC-A	Event	Age Group	Event	PC-B	PC-A	Boys #
<b>Session A</b>								
33	45.89	41.59	50 Free	9-10	50 Free	47.19	42.79	34
35	2:07.79	1:46.59	100 Free	8-UN	100 Free	2:04.79	1:40.09	36
37	51.99	47.19	50 Fly	9-10	50 Fly	52.49	47.59	38
39	1:57.69	1:46.79	100 Back	9-10	100 Back	1:58.19	1:47.29	40
41	1:06.99	58.99	50 Fly	8-UN	50 Fly	1:06.99	58.39	42
43	2:13.29	2:00.99	100 Breast	9-10	100 Breast	2:15.69	2:03.19	44
45	7:31.79	6:50.09	400 Free	9-10	400 Free	7:28.29	6:46.99	46
<b>Session B</b>								
47	6:52.79	6:14.69	400 Free	Open	400 Free	6:57.19	6:18.69	48
49	1:43.59	1:33.99	100 Fly	Open	100 Fly	1:43.99	1:34.39	50
51	3:41.99	3:21.49	200 Back	Open	200 Back	3:43.79	3:23.19	52
53	1:30.09	1:21.79	100 Free	Open	100 Free	1:29.29	1:21.09	54
55	4:11.79	3:48.59	200 Breast	Open	200 Breast	4:08.49	3:45.49	56
57	7:51.59	7:08.09	400 IM	Open	400 IM	7:55.59	7:11.69	58

**DACA Long Course PC-C/PC-B/PC-A+**

**De Anza College**

**June 13-14th, 2009**

**Consolidated Entry Card**

Name: Last: First: MI:

Club Abbr. Club Name:

Age: Date of Birth: Age Group:

USA-S Reg #: Amt Paid:

Sex (Circle): Boy Girl

Event #	Distance/Stroke	Entry Time
		: .
		: .
		: .
		: .
		: .
		: .
		: .
		: .
		: .
		: .

Entries # \_\_\_\_\_ X \$2.75 = \$ \_\_\_\_\_  
Swimmer Participation Fee: + \$ 5.00  
ENTRY FEE TOTAL: = \$ \_\_\_\_\_

Coach:

Swimmer's Address:

Phone #: