Hosted by Central Valley Aquatics of Turlock

February 21, 2009

## Enter online after January 12, 2009 http://swimconnection.com/sn/meet/cva

## SANCTION: Snowglobe Pentathlon Held under USAS/Sierra Nevada Sanction \# 09-04 <br> Time Trials held under USA/Sierra Nevada Sanction \# 09-05

LOCATION:
Pitman High School pool, 2525 W. Christoffersen Pkwy, Turlock, CA. From 99 take Monte Vista exit east. Turn left (north) on Golden State Blvd., turn right (east) at stop sign (Roberts Rd). Turn left (north) on Mountain View Rd. Cross Christoffersen Pkwy. Turn into first school parking entrance. Park in main parking lot. Pool is north of main building (two story building).

COURSE: Outdoor 25-yard 13-lane pool. Warm-up/warm-down lanes available in competition pool.
TIME:
Warm-ups begin at 7:30 am and close at 8:45 am, and the meet will begin at 9:00 am.
RULES: Current USAS and SNS rules will govern the meet. Sierra Nevada warm-up procedures will be in effect and a copy of the procedures will be posted at the meet. All events are short course yards. All events are timed finals.

ELIGIBILITY: All swimmers must have a current USAS registration card and must enter the number on their entry cards. Swimmers who enter as "pending" or "applied for" must be prepared to present their current registration card or a copy, or register before being allowed to check in.

CHECK-IN: The meet will be deck seeded. All swimmers, or their coach or parent, must check-in prior to the close of their event. Check-in for the first 6 events each day will close at 8:30 a.m. Checkin for the next 10 events each day will close at 9:00 a.m. Check-in for all remaining events each day will close at 10:00 a.m. Time Trials will begin 15 minutes after the final pentathlon event. All swimmers swimming time trials must check-in prior to the last event of the pentathlon.

ENTRIES: Entries will be on a SAMMS consolidated card. There are no minimum qualifying times. "No Time" entries will be accepted. Each swimmer is limited to a maximum of five (5) individual events per day. The meet is capped at 350 swimmers. Entries must be postmarked by midnight, Monday, February 9, 2009 and mailed to:

> Entry Chairperson
> 2373 Roseborough Ct.
> Turlock, CA 95382
> (209) $667-7578$

Deck entries will be accepted at the discretion of the meet director with approval of the head referee. Entries may be hand delivered by 6:00 PM, Wednesday, February 11, 2009 to the meet director at:

2373 Roseborough Ct., Turlock, CA. 95382

ONLINE ENTRIES: Enter at: http://swimconnection.com/sn/meet/cva to receive immediate confirmation of acceptance. Online entry requires payment by credit card using our secure site. The cost of using Online Meet Entries is $\$ 1$ per swimmer plus $5 \%$ of the total entry fees. Please note that the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to Swim Connection LLC. Fees collected by the use of this system is completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Sierra Nevada Swimming. Online entries CLOSE at midnight Wednesday February 11, 2009. $\$ 0.50$ for SNS), plus $\$ 5.00$ per swimmer surcharge (for pool use). If the entry limit has not been reached, the meet director may allow deck entries at $\$ 3.50$ per event. Time Trials are $\$ 6.00$ per event. Entry fees are not refundable.
Make checks payable to Central Valley Aquatics (CVA).
ADMISSION: There will be no admission fee. Programs will be available for $\$ 3.00$

MISCELLANEOUS: Deck heaters will be provided. A snack bar will be available. Lunch and refreshments will be served to all working officials and coaches. Officials and coaches must wear their membership cards in a visible location.

AGE GROUPS: $\quad 8$-Under, 9-10, 11-12, 13-14, and 15 \& Over.

> AWARDS: Individual swimmers will be scored on their combined time totals in all five (5) individual events. Top 5 individuals per Age-Group, will receive a "Snowglobe" trophy. "A" medals will be awarded to swimmers achieving a new " $A$ " time in both the pentathlon and time trials. There will be no awards given for time trial events.
> If a swimmer DQ's in an event, his or her time for that event will be increased by $10 \%$. If the DQ is intentional in the opinion of the Meet Referee, the swimmer will be disqualified from the event and will be ineligible for an individual award.

Time Trials: $\quad$ Swimmers must be entered in a minimum of three (3) "Bobblehead" meet events to be eligible to swim trials. Swimmers may enter a maximum of two (2) time trial events. Swimmers may swim a maximum of 5 events per day. Time Trials will begin 15 minutes after the final pentathlon event. All swimmers swimming time trials must check-in by 10:30 a.m. Swimmers must provide their own timers and counters.

RESTRICTIONS: Smoking, alcoholic beverages and glass containers are not allowed in the pool area or on the school grounds.

OFFICIALS:
Meet Referee: Paul Reidl

Meet Director: Roger Young<br>Swimdad50@sbcglobal.net

## PROVIDING OFFICIALS:

All teams must follow Sierra Nevada rules regarding officials. Each team shall by the entry deadline, provide to the meet director a list of officials who have agreed to represent that team during the conduct of the meet. See the chart below to identify the minimum number of officials based on the number swimmers from each team. Teams which do not provide the required number of officials will swim for time only and will not receive awards.

The Uniform Requirements for ALL Officials will be: For timed finals the requirements are: white tops on navy blue pants/shorts/skirts and white shoes. Denim pants, shorts, and skirts are not permitted during any session.

| Number of <br> swimmer per team <br> entered in meet | Number of trained and <br> carded officials <br> required |
| :---: | :---: |
| $0-10$ | 0 |
| $11-25$ | 1 |
| $26-50$ | 2 |
| $51-75$ | 3 |
| $76-100$ | 4 |
| 101 and up | 5 |

Saturday, February 21, 2009
Girls Boys

| Event \# | Event \# | Age Grp | Distance/Stroke |
| :---: | :---: | :--- | :--- |
| 1 | 2 | $13 \&$ Over | 100 Free |
| 3 | 4 | $11-12$ | 50 Free |
| 5 | 6 | $9-10$ | 50 Free |
| 7 | 8 | $8 \&$ Un | 50 Free |
| 9 | 10 | $13 \&$ Up | 100 Fly |
| 11 | 12 | $11-12$ | 50 Fly |
| 13 | 14 | $9-10$ | 50 Fly |
| 15 | 16 | $8 \&$ Un | 50 Fly |
| 17 | 18 | $13 \&$ Up | 100 Back |
| 19 | 20 | $11-12$ | 50 Back |
| 21 | 22 | $9-10$ | 50 Back |
| 23 | 24 | $8 \&$ Un | 50 Back |
| 25 | 26 | $13 \&$ Up | 100 Breast |
| 27 | 28 | $11-12$ | 50 Breast |
| 29 | 30 | $9-10$ | 50 Breast |
| 31 | 32 | $8 \&$ Un | 50 Breast |
| 33 | 34 | $13 \&$ Up | 200 I.M. |
| 35 | 36 | $11-12$ | 100 I.M. |
| 37 | 38 | $9-10$ | 100 I.M. |
| 39 | 40 | $8 \&$ Un | 100 I.M. |
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Saturday, February 21 Time Trials Girls Boys

| Event \# | Event \# | Age Grp | Distance/Stroke |
| :---: | :---: | :--- | :--- |
| 101 | 102 | Open | 500 Free |
| 103 | 104 | Open | 200 Free |
| 105 | 106 | Open | 200 Fly |
| 107 | 108 | Open | 200 Back |
| 109 | 110 | Open | 200 Breast |
| 111 | 112 | Open | 200 I.M. |
| 113 | 114 | Open | 100 Free |
| 115 | 116 | Open | 100 Fly |
| 117 | 118 | Open | 100 Back |
| 119 | 120 | Open | 100 Breast |
| 121 | 122 | Open | 1000 Free |
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| LSC Code and year of registration (for example PC2, SN3 or CC2) |  |  |  |  |  |  |
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| CVA Snowglobe Pentathlon |  |  |  |  |  |  |
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| Name: LAST |  |  | First |  |  | Initial |
| LSC Code and year of registration (for example PC2, SN3 or CC2) |  |  |  |  |  |  |
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