

# FEATHER RIVER AQUATIC CLUB

\*\*\* AGE GROUP INVITATIONAL \*\*\*

JUNE 13, & 14, 2009

Enter online at: <http://swimconnection.com/sn/meet/frac>

**Sanction:** Held under USA Swimming/Sierra Nevada Swimming Sanction **No: 18-09**

**Eligibility:** All swimmers' **must:**

- Have a 2009 USA Swimming registration card;
- Enter their USA registration number on the meet entry form; and
- Present their card at check-in if pending

**Failure to provide proof of current registration will result in swimmer having to register with USA Swimming at the meet.**

**All coaches and deck officials must wear their USA Swimming membership card in a visible manner.**

**Location:** Gauche Aquatic Center, 421 C Street Yuba City. From Highway 99 (North or South) take Bridge Street, turn East onto Bridge Street. Continue on Bridge Street to Shasta Street. Turn south onto Shasta Street. Shasta Street will turn into Wilbur Avenue. Gauche Aquatic Center will be on the east side of the street and visible from Wilbur Avenue. From SR-70 (north or south) and SR-20 east of Marysville, take SR-20 west across the 10<sup>th</sup> street bridge into Yuba City. Turn south onto Shasta Street and follow the directions above.

**Course:** Outdoor, 25 yard, 8 lane pool, warm-up area. A large grassy team area is available outside fenced pool area. Personal shade structures are recommended for team areas, but will not be allowed inside pool area. The pool area is equipped with covered bleacher seating and numerous covered table/seats.

**Time:** **SAT. & SUN. WARM-UPS WILL BEGIN NO LATER THAN 7:45AM AND COMPETITION WILL BEGIN NO EARLIER THAN 9:00AM.**

**Check-In:** The meet will be deck seeded. Swimmers must check in at the Clerk-of-Course. Close of check-in for all events shall be no more than 30 minutes before the estimated time of the start of the first heat of the event. Swimmers who do not check-in will not be allowed to compete in the event.

**Rules:** 2009 USA Swimming and Sierra Nevada Swimming rules will govern the meet. All events are timed finals. All swimmers may enter up to 5 individual events per day. Refunds will be made for any mandatory scratches.

All ages will swim together according to entry times. **In the "11 & over" events, the 11/12, 13/14, 15/18 age groups will be scored and awarded separately.**

**Relay** cards and entry fee must be turned into the meet desk by 10:30am Saturday and Sunday. **DO NOT send relay entries with individual entries.**

**Relays:** Relay lead off splits must be requested from the meet referee at meet on the day of the swim.

**Entries:** **Option 1: Online Meet Entries:** Enter at <http://swimconnection.com/sn/meet/frac> to receive immediate confirmation of acceptance via email. The "billing information" email should be brought to the meet as proof of entry. Online entry requires payment by credit card using our secure site. The cost of using online entries is \$1 per swimmer plus 5% of the total entry fees. Please note that the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to Swim Connection LLC. Fees collected and the use of this system is completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Sierra Nevada Swimming.

**Option 2: Surface Mail Entries:** Entries must be on a Consolidated Entry Form, copy or facsimile. Entry forms **must be filled out completely and legibly**, including the swimmer's best time for each event, swimmer's home address and telephone number and coach. No time entries are discouraged, but will be accepted.

***PLEASE MAKE SURE YOUR ENTRY CARDS ARE FILLED OUT CORRECTLY AND LEGIBLE.***

Check <http://swimconnection.com/sn/meet/frac> for session open or closed status.

**Entry Limits:** This meet is being limited to the **first 400 swimmers**. Submitted entries will be processed as received. If the limit is reached while processing a team entry, the balance of that team will be processed. Any remaining entries will be returned. We strongly recommend early entries.

**Entry Fees:** **\$3.00 per swimmer per event**, (includes \$0.50/\$0.50/\$0.25 to Sierra Nevada Swimming, Sierra Nevada Age Group, Sierra Nevada Senior Travel Funds), plus a pool surcharge of **\$5.00 per swimmer. NO REFUNDS**

**\$8.00 per team entry fee**, (includes \$1.00/\$2.00/\$1.00 to Sierra Nevada Swimming, Sierra Nevada Age Group, Sierra Nevada Senior Travel Funds) **for Saturday's and Sunday's Relays. Payable at time entries are submitted.**

### MAKE CHECKS PAYABLE TO FRAC.

\*\*\*\*\* ENTRIES WITHOUT PAYMENT WILL NOT BE ACCEPTED \*\*\*\*\*

**All entries must be postmarked no later than Monday June 1, 2009** or hand delivered to Gauche Aquatic Center, 421 C Street Yuba City (5:30PM to 7PM weekdays only) by **Thursday June 4, 2009.**

DECK ENTRIES WILL BE CONSIDERED IF MEET CAP HAS NOT BEEN REACHED AND AT THE DISCRETION OF THE HEAD REFEREE AND MEET DIRECTOR.

Deck Entry fees shall be \$3.00 per swimmer per event plus a pool charge of \$5.00 per swimmer.

**ALL DECK ENTRIES WILL BE FOR TIME ONLY. (DECK ENTRIES WILL NOT BE AWARDED OR SCORED).**

MAIL ENTRIES TO: **Sharon Guillory (FRAC)**  
**767 Village Ct**  
**Yuba City, CA 95991**

**Awards:** Distinctive medals 1st thru 3rd place, distinctive ribbons 4th thru 8th for individual events and distinctive ribbons 1st thru 3rd place relay events.

Individual High Point award for First Place point leader of boys and girls for each age group.

Awards must be picked up at meet – they will not be mailed.  
 "A" medals will be awarded to those who achieve an A time for the first time

Scored age group shall be: 6 & Under, 7/8, 9/10, 11/12, 13/14, 15-18. The age of swimmer on the first day of meet will determine the age group the swimmer will be scored within. **11 & over events:** Team points and awards for the 11-12, 13-14, and 15-18 age groups. Swimmer's over the age of 18 will not be scored or awarded.

**Scoring: Individual events:** 7, 5, 4, 3, 2 & 1. **Relay Events:** 14, 10, 8, 6, 4, 2.

**Officials:** Referee: Fred Stolp Starter: Robert Foster Meet Director: Duane Nokes 530-701-9413

**Minimum Officials Rule:** Each team or group of swimmers represented by an individual coach shall, by the entry deadline, provide to the meet director or the meet director's designee a list of officials who have agreed to represent that team or coach during the conduct of the meet.

Number of swimmers per <b>team</b> or per <b>individual coach</b> per meet	Number of Carded Officials required
0-10	0
11-25	1
26-50	2
51-75	3
76-100	4
>100	5

One half-hour before the scheduled start of each session, the Meet Referee shall conduct an inventory of officials comparing the number of entries against the number of officials present representing each team or individual coach. Those teams or individual coaches who have not provided sufficient officials shall have all their swimmers treated as "Time-only Swimmers" in all aspects for that session.

**Admission:** Free Admission, Meet programs may be purchased for \$5.00. Snack bar on site. Working officials, coaches and timers will be served refreshments.

**Other:**

No smoking or alcoholic beverages allowed on the deck, in the restrooms, locker room, swimmer's rest area or other areas around the pool.

**Computer:**

This meet will be conducted using the Hy-Tek system and results will be posted on Swim Connection.

# FEATHER RIVER AQUATIC CLUB

\*\*\* AGE GROUP INVITATIONAL \*\*\*

June 13-14, 2009

Saturday - June 13, 2009					Sunday - June 14, 2009				
Girls	Boys	AGE	DIST.	EVENT	Girls	Boys	AGE	DIST.	EVENT
1	2	<b>13 &amp; Over</b>	200	I.M.	49	50	<b>13 &amp; Over</b>	200	FREE
3	4	<b>11/12</b>	200	I.M.	51	52	<b>11/12</b>	200	FREE
5	6	<b>9/10</b>	200	I.M.	53	54	<b>9/10</b>	200	FREE
7	8	<b>8-UN</b>	25	BREAST	55	56	<b>8&amp;UN</b>	25	FREE
9	10	<b>13 &amp; Over</b>	100	BREAST	57	58	<b>11/12</b>	100	I.M.
11	12	<b>11/12</b>	100	BREAST	59	60	<b>10-UN</b>	100	I.M.
13	14	<b>9/10</b>	100	BREAST	61	62	<b>11&amp;OVER</b>	200	BACK
15	16	<b>11&amp; OVER</b>	200	FLY	63	64	<b>9/10</b>	100	BACK
17	18	<b>8-UN</b>	25	FLY	65	66	<b>11/12</b>	50	BACK
19	20	<b>11/12</b>	50	FLY	67	68	<b>8&amp;UN</b>	25	BACK
21	22	<b>10-UN</b>	50	FLY	69	70	<b>13&amp;OVER</b>	100	FLY
23	24	<b>13 &amp; Over</b>	100	BACK	71	72	<b>11/12</b>	100	FLY
25	26	<b>11/12</b>	100	BACK	73	74	<b>9/10</b>	100	FLY
27	28	<b>10-UN</b>	50	BACK	75	76	<b>11&amp;OVER</b>	200	BREAST
29	30	<b>13 &amp; Over</b>	100	FREE	77	78	<b>10&amp;UN</b>	50	BREAST
31	32	<b>11/12</b>	100	FREE	79	80	<b>11/12</b>	50	BREAST
33	34	<b>10-UN</b>	100	FREE	81	82	<b>13 &amp; Over</b>	50	FREE
35	36	<b>13-18</b>	200	Med. Relay	83	84	<b>11/12</b>	50	FREE
37	38	<b>11/12</b>	200	Med. Relay	85	86	<b>10-UN</b>	50	FREE
39	40	<b>9/10</b>	200	Med. Relay	87	88	<b>13-18</b>	200	FREE RELAY
47	48	<b>8&amp;UN</b>	200	Med. Relay	89	90	<b>11/12</b>	200	FREE RELAY
					91	92	<b>9/10</b>	200	FREE RELAY
					93	94	<b>8&amp;UN</b>	200	FREE RELAY

- 1 ... 8 & Under swim together, but are scored and awarded as 6&Under and 7/8.
- 2 ... 10 & Under swim together, but are scored and awarded as 6&Under, 7/8 and 9/10.
- 3 ... 13 - 18 swim together, but are scored and awarded as 13/14, and 15/18.
- 4 ... 11& over - 11/12, 13/14, and 15/18 will be scored and awarded separately.  
Over 18 will not be scored or awarded
- 5 ... 13 & OVER - 13/14, 15/18 will be scored and awarded separately.

**HIGH POINT INDIVIDUALS 1st PLACE: Girls and Boys, 6&Under, 7/8, 9/10, 11/12, 13/14, AND 15/18.**