

**Sierra Nevada Senior Championships**  
**Hosted by Central Valley Aquatics of Turlock**  
**CLOSED MEET FOR SIERRA NEVADA SWIMMERS ONLY**  
**January 12-14, 2007**  
**(Online entries available at <http://swimconnection.com/sn/meet/cva>)**

**SANCTION:** Held under USAS/Sierra Nevada Swimming Sanction Number: **06-51**

**LOCATION:** Pitman High School pool, 2525 W. Christoffersen Pkwy, Turlock, CA. From 99 take Taylor Avenue exit east. Turn right (south) on Golden State Blvd., turn left (east) on Christoffersen Pkwy, turn left (north) on Mountain View Rd., turn into first school parking entrance. Park in main parking lot; pool is north of main building (two story building).

**PARKING:** Parking is available in the main parking lot in front of the school along Christoffersen Pkwy. Additional parking on the east side of the school along Kilroy Rd.

**COURSE:** A 25 yard by 13 lane outdoor heated pool; one 8 or 10 lane course will be run depending on number of entries. Warm-up lanes available.

**TIMES:** Friday, January 12th the pool will open for warm-ups by 4:00 p.m. and competition will start at 5:00 p.m. On Saturday, and Sunday, January 13th and 14th, the pool will open for warm-ups by 7:30 am, close at 8:45 am. Meet starts at 9:00 am.

**RULES:** Current USA Swimming and Sierra Nevada Swimming will govern the meet. All Events are trials and finals, unless otherwise noted. **All swimmers are limited to three individual events and one relay per day.** Swimmers that meet at least one time standard on Saturday or Sunday may enter up to two additional events on that day as bonus events. Additionally, when a submitted entry time matches a time of record in the Swim Connection database for the same swimmer, same age, same stroke, and same distance, only then will the entry time be accepted as a qualified entry time. The 1650 freestyle cannot be used as a bonus event. **No converted times will be accepted.** The Sierra Nevada Senior Championships are open to all Sierra Nevada swimmers that meet the qualifying times. Also, qualified swimmers in this meet who are in the 8th grade and younger may also compete in the 14 & under JO's. Swimmers older than 18 may compete and score in prelims, finals and relays. The 1650 free is a timed final event with all heats swam during preliminaries.

**ELIGIBILITY:** All swimmers must have a current USA Swimming registration card and must enter the number on their entry cards. Swimmers who enter as "pending" or "applied for" must be prepared to present their current registration card or register at the meet before being allowed to check in unless the Meet Director determines that they are validly pending. This meet is open to all Sierra Nevada teams and swimmers that meet the time requirements. All teams must submit by entry deadline a list of all potential Relay Only Swimmers for verification of registration.

**RELAYS:** All relays are timed finals. The 800 Free Relays on Friday night will be swam after the 1000 Free event. **Relay entries on Friday night must be turned in by 4:30 p.m.** Relays will be held at the end of the prelim session on both Saturday and Sunday. There will be a 10 minute break at the end of the prelim session before the start of relays. **Relay cards must be turned in by 11:00 a.m. Relay cards must list the names of all swimmers who might swim or be alternates when the relay team is called to the block with a series of short whistles.** Only two relays from each team will score points, but teams may enter as many relays as they wish.

**CHECK-IN:** The meet will be a deck seeded Trials/Finals meet and shall require that each swimmer be checked in either by themselves, their coach, or a parent, (not by another swimmer) and according to the following closing schedule for each meet day. On Friday evening, all

swimmers shall check in for their individual events 30 minutes prior to the start of the meet (4:30 PM). The first 6 Events Scheduled for Saturday and Sunday require all swimmers entering these events to be checked in no later than ½ hour before the scheduled start time that day (8:30 AM). The next 10 events scheduled for Saturday and Sunday require all swimmers entering these events to be checked in no later than the scheduled start time that day (9:00 AM). The remaining events scheduled for Saturday and Sunday require all swimmers entering these events to be checked in no later than 1 hour after the scheduled start time of the meet that day (10:00 AM).

**ENTRIES:** Entries must be on a SAMMS consolidated entry card. Entry cards must be completely filled out. Only entries with the minimum qualifying time or better will be accepted. Entries submitted without the entry fee will be treated as deck entries. Deck entries will be \$3.25. **NO REFUNDS.** Entries must be postmarked by Thursday December 28th. Online entries will be accepted until Thursday January 4th.

**ENTRY FEES:** \$3.00 per individual event (this includes \$0.50 for age group travel fund, \$0.25 for senior travel fund, and \$0.25 for SNS); Relays are \$8.00 per relay (includes \$1.00 for Senior Travel Fund, \$2.00 for Age Group Travel Fund, and \$1.00 for SNS). Pool surcharge is \$10.00 per swimmer. **Make checks payable to Central Valley Aquatics (or CVA) and mail to:**

**Meet Entries  
2373 Roseborough Ct.  
Turlock, CA 95382**

**ONLINE ENTRIES:** You may enter this meet online or by mail. Enter at: <http://swimconnection.com/sn/meet/cva> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees.

**FINALS:** Finals will start no earlier than one and one half hours after the completion of trials. There will be a Bonus Final, Consolation Final and Championship Final (swum in that order) in each event except the 1000 free, 1650 Free and relays.

**SCRATCH RULES:**

In meets holding trials and finals, a modified version of rule 207.12.10A and 207.12.10B will apply to a swimmer failing to compete in a trial heat for which he has not scratched and is seeded to swim. The modified version of this rule will allow the Clerk of Course to check scratches at the check-in table for deck-seeded meets. Once seeded and not scratched, the swimmer will be treated as entered as stated in 207.12.10C. 207.12.10C states that, In all events where preliminary heats are necessary, after the heats have been seeded, any swimmer who fails to compete in an individual heat in which they are entered and have not been scratched in accordance to the modified version of rule 207.12.10A and 207.12.10B of the Rules and Regulations will be barred from all further individual and relay events of that day. Additionally that swimmer shall not be seeded in any individual events on succeeding days unless that swimmer declares an intent to swim prior to the close of seeding for the next days events with the Administrative Referee. Any swimmer qualifying for a final in an individual event who fails to compete in that event shall be barred from further competition for the remainder of the meet except as noted in the USA Swimming Rules and Regulations (207.12.10D).

**AWARDS:** Individual events will be awarded first through sixteenth. The Championship Final will determine first through eighth. The Consolation final will determine ninth through sixteenth. Relays will be awarded first through eighth. A high point award will go to the top 3 female and male swimmer.

**SCORING:** The top sixteen places will receive points for their team and individual high point award as follows 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1. Relays points are double the value. Only the top two relays from each team will be scored, however, they will be awarded based upon actual finish.

**OFFICIALS:** **Head Referee: Bill Rose**      **Head Starter: Paul Reidl**  
**Administrative Referee: Niffey Carmody**  
**Meet Director: Roger Young 209-667-7578**  
[Swimdad50@sbcglobal.net](mailto:Swimdad50@sbcglobal.net)

**PROVIDING OFFICIALS:** Each team shall by the entry deadline, provide to the Meet Referee or Meet Director a list of officials who have agreed to represent that team during the conduct of the meet. Those teams who have not provided sufficient officials shall have all their swimmers treated as “time only” swimmers in all respects for that session. See the chart below to identify the minimum number of officials based on the swimmers from each team.

<b>Number of swimmer per team entered in meet</b>	<b>Number of trained and carded officials required</b>
0 - 10	0
11 - 25	1
26 - 50	2
51 - 75	3
76 - 100	4
101 and up	5

**ADMISSIONS:** Free. Three-day programs available for \$4.00

**HOSPITALITY:** There will be a snack bar. Snack/Refreshments served to all working officials, timers, and coaches.

**RESTRICTIONS:** No tents are allowed on the pool deck. All tarps must be removed overnight. **(EZ Ups can stay up, but area is not secured.)** Smoking, tobacco products, and alcoholic beverages are not allowed on the grounds. Glass containers and pets are not allowed in the pool area.

**Hotels:**

Holiday Inn Express (1.6 mi. from pool)  
 3001 Hotel Dr  
 Turlock, CA 95380 (209) 664-9999  
 \$101/night (limited number at that rate)  
 Ask for CVA rate  
 Single King or 2 Queens

Best Western Orchard Inn (1.5 mi. from pool)  
 5025 N Golden State Blvd  
 Turlock, CA 95382-9552 (209) 667-2827  
 Single King \$68.00  
 2 Queens \$72.00

Microtel Inn & Suites (7.8 mi. from pool)  
 1760 Herndon Rd,  
 Ceres, CA (209) 538-6466  
 \$66 single Queen  
 \$82 Double Queen  
 \$92 Suite

Howard Johnson (7.8 mi. from pool)  
 1672 Herndon Rd,  
 Ceres, CA (209) 537-4821  
 \$54 Single Queen (Group Rate)  
 \$65 Double Queen (Group Rate)

## FRIDAY, JANUARY 12

Event #	Time Standard			
F	M	Order of Events	F	M
1	2	1000 Free+	12:10.09	11:30.09
3	4	800 Free Relay ++		

## SATURDAY, JANUARY 13

Event #	Time Standard			
F	M	Order of Events	F	M
21*		500 Free (Women's)	5:50.09	
5	6	100 Free	1:01.09	57.09
7	8	200 Breast	2:54.09	2:44.09
9	10	100 Fly	1:09.09	1:05.09
11	12	200 Free	2:12.09	2:04.09
13	14	100 Back	1:11.09	1:08.09
15	16	200 I.M.	2:30.09	2:22.09
17	18	400 Free Relay++		
	20**	1650 Free+ (Men's)		18:30.09

## SUNDAY, JANUARY 14

Event #	Time Standard			
F	M	Order of Events	F	M
	22*	500 Free (Men's)		5:30.09
23	24	100 Breast	1:20.09	1:15.09
25	26	200 Back	2:30.09	2:28.09
27	28	200 Fly	2:35.09	2:27.09
29	30	50 Free	28.09	26.09
31	32	400 I.M.	5:15.09	5:00.09
33	34	400 Medley Relay++		
19**		1650 Free+ (Women's)	19:35.09	

+Distance swimmers must provide their own lap counters and timers. A 10-minute break will be taken prior to the start of the 1650's which will take place after the relays on Saturday and Sunday. Events of 1000 yards or more will be swum fastest to slowest alternating female/male after prelims of that day. They are timed finals.

++Timed Finals – No minimum entry time. Relays will be swum during trials.

\* - First individual event of the day

\*\* - Last individual event of the day

**OFFICIAL DRESS:** Trial/Final dress for all Officials will be white shirts and blue pants. This dress is weather permitting, otherwise come dressed to stay warm and dry.

**Officials: This is a USA Swimming National Championship Certification Meet. Please direct all questions to the Sierra Nevada Swimming Officials Chair: Bill Rose at <cbrose@omsoft.com>**

### Schedule of Official's Briefings

**Official's Briefing on Friday, January 12, 2007: 3:45 PM to 4:45 PM (required for all officials)**

**Official's Briefing for the Trials on Saturday and Sunday: Begins at 8:00 AM (required for all officials)** **Official's Briefing for Finals on Saturday and Sunday: Begins one hour before the scheduled start of Finals (required for all officials)**