

CVA "Bobblehead" Pentathlon  
Hosted by Central Valley Aquatics of Turlock  
September 29, 2007

**Enter online after September 3rd at: <http://swimconnection.com/sn/meet/cva>**

- SANCTION:** Held under USAS/Sierra Nevada Sanction # **07-39**
- LOCATION:** Pitman High School pool, 2525 W. Christoffersen Pkwy, Turlock, CA.  
From 99 take Monte Vista exit east. Turn left (north) on Golden State Blvd., turn right (east) at stop sign (Roberts Rd). Turn left (north) on Mountain View Rd. Cross Christoffersen Pkwy. Turn into first school parking entrance. Park in main parking lot. Pool is north of main building (two story building).
- COURSE:** Outdoor 25-yard 13-lane pool. Warm-up/warm-down lanes available in competition pool.
- TIME:** Warm-ups begin at 8:30 am and close at 9:45 am, and the meet will begin at 10:00 am.
- RULES:** Current USAS and SNS rules will govern the meet. Sierra Nevada warm-up procedures will be in effect and a copy of the procedures will be posted at the meet. All events are short course yards. All events are timed finals.
- ELIGIBILITY:** All swimmers must have a current USAS registration card and must enter the number on their entry cards. Swimmers who enter as "pending" or "applied for" must be prepared to present their current registration card or a copy, or register before being allowed to check in.
- CHECK-IN:** The meet will be deck seeded. All swimmers, or their coach or parent, must check-in prior to the close of their event. Check-in for the first 6 events each day will close at 9:30 a.m. Check-in for the next 10 events each day will close at 10:00 a.m. Check-in for all remaining events each day will close at 11:00 a.m.
- ENTRIES:** All events are timed finals. Each swimmer must swim all five (5) individual Pentathlon events in order to be eligible for individual awards. These times will be totaled and the fastest five ((5) will receive individual awards as described below. Swimmers not swimming all five (5) events will not be eligible for individual awards, but will be allowed to swim for time.

**Entry Chairperson  
2373 Roseborough Ct.  
Turlock, CA 95382  
(209) 667-7578**

Deck entries will be accepted at the discretion of the meet director. Entries may be hand delivered by 6:00 PM, Wednesday, September 19, to the meet director at:  
2373 Roseborough Ct.,  
Turlock, CA. 95382

- ONLINE MEET ENTRIES:** Enter at: <http://swimconnection.com/sn/meet/cva> to receive immediate confirmation of acceptance. Online entry requires payment by credit card using our secure site. The cost of using Online Meet Entries is \$1 per swimmer plus 5% of the total entry fees. Please note that the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to Swim Connection LLC. Fees collected by the use of this system is completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Sierra Nevada Swimming.
- ENTRY FEES:** \$2.25 per event (this includes \$.50 for age group travel fund, \$.25 for senior travel fund, and \$0.50 for SNS), plus \$5.00 per swimmer surcharge (for pool use). If the entry limit has not been reached, the meet director may allow deck entries at \$2.75 per event.  
**Make checks payable to Central Valley Aquatics (or CVA).**
- ADMISSION:** There will be no admission fee. Programs will be available for \$4.00

**MISCELLANEOUS:** A snack bar will be available. Lunch and refreshments will be served to all working officials and coaches. Officials and coaches must wear their membership cards in a visible location.

**AGE GROUPS:** 8-Under, 9-10, 11-12, 13-14, and 15 & Over.

**SCORING AND AWARDS:** Individual swimmers will be scored on their combined time totals in all five (5) individual events. Top 5 individuals per Age-Group, will receive a “Bobblehead” trophy.

*If a swimmer DQ's in an event, his or her time for that event will be increased by 10%. If the DQ is intentional in the opinion of the Meet Referee, the swimmer will be disqualified from the event and will be ineligible for an individual award.*

**RESTRICTIONS:** Smoking, alcoholic beverages and glass containers are not allowed in the pool area or on the school grounds.

**OFFICIALS:** Meet Referee: Paul Reidl Head Starter: Meet Director: Roger Young  
Swimdad50@sbcglobal.net

**PROVIDING OFFICIALS:**

All teams must follow Sierra Nevada rules regarding officials. Each team shall by the entry deadline, provide to the meet director a list of officials who have agreed to represent that team during the conduct of the meet. See the chart below to identify the minimum number of officials based on the number swimmers from each team. Teams which do not provide the required number of officials will swim for time only and will not receive awards.

The Uniform Requirements for ALL Officials will be: For timed finals the requirements are: white tops on navy blue pants/shorts/skirts and white shoes. Denim pants, shorts, and skirts are not permitted during any session.

Number of swimmer per team entered in meet	Number of trained and carded officials required
0 - 10	0
11 - 25	1
26 - 50	2
51 - 75	3
76 - 100	4
101 and up	5

**Order of Events**

Saturday, September 29, 2007

Girls		Boys	
Event #	Event #	Age Grp	Distance/Stroke
1	2	8 & Under	25 Free
3	4	9-10	50 Free
5	6	11-12	50 Free
7	8	13-Over	100 Free
9	10	8 & Under	25 Fly
11	12	9-10	50 Fly
13	14	11-12	50 Fly
15	16	13-Over	100 Fly
17	18	8 & Under	25 Back
19	20	9-10	50 Back
21	22	11-12	50 Back
23	24	13-Over	100 Back

Girls		Boys	
Event #	Event #	Age Grp	Distance/Stroke
25	26	8 & Under	25 Breast
27	28	9-10	50 Breast
29	30	11-12	50 Breast
31	32	13-Over	100 Breast
33	34	8 & Under	100 I.M.
35	36	9-10	100 I.M.
37	38	11-12	100 I.M.
39	40	13-Over	200 I.M.